

Funk It Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Sho Botham (UK)
音樂: Rock This Planet - Billy Ray Cyrus



You can 'funk it up' with body rolls on the rocks if you want to give the dance a bit of an edge and it looks great danced with a hat

ROCKS AND SHUFFLES TRAVELING BACK AND FORWARD

1-2 Rock forward right, step in place left
3&4 Shuffle back right-left-right
5-6 Rock back left, step in place right
7&8 Shuffle forward left-right-left

ROCKS AND SHUFFLES TRAVELING LEFT AND RIGHT

9-10 Rock right to right, step in place left
11&12 Shuffle right-left-right traveling to left (right across front of left)
13-14 Rock left to left, step in place right
15&16 Shuffle left-right-left traveling to right (left across front of right)

GRAPEVINES RIGHT AND LEFT WITH HITCHES

17-20 Grapevine right, hitch left*
21-24 Grapevine left, hitch right*

Hitches can have optional relaxed hop on supporting leg

KNEE POPS MAKING ONE HALF TURN TO RIGHT

During the following 8 counts gradually complete one half turn to right

&25-26 Transfer weight to right, touch left to right with left knee pop, hold position
&27 Transfer weight to left, touch right to left with right knee pop
&28 Transfer weight to right, touch left to right with left knee pop
&29-30 Transfer weight to left, touch right to left with right knee pop, hold position
&31 Transfer weight to right, touch left to right with left knee pop
&32 Transfer weight to left, touch right to left with right knee pop

The rhythm of these last 8 counts can be counted "& slow & quick, & quick, & slow, & quick, & quick".
Optional styling: touch right hand to hat and look down during last 8 counts.

REPEAT

TAG

"Rock This Planet" has an eight count bridge after the second wall. Repeat the last 8 counts of the dance, either with no turn or making one complete turn to right.