Funky Cowboy

拍數: 64

級數: Intermediate

編舞者: Sharon Farris (USA)

音樂: Funky Cowboy - Ronnie McDowell

STEPS FORWARD, TOE FANS

- 1 Step forward on right foot with toe pointed diagonally to the left
- 2 Fan right toe diagonally to the right
- 3 Fan right toe diagonally to the left
- 4 Fan right toe diagonally to the right
- 5 Step forward on left foot with toe pointed diagonally to the right
- 6 Fan left toe diagonally to the left
- 7 Fan left toe diagonally to the right
- 8 Fan left toe diagonally to the left

DIAGONAL STEP SLIDES, HEEL SPLITS

- 9 Step forward and diagonally to the right on right foot
- 10 Slide left foot up next to right
- 11 Split heels apart
- 12 Bring heels back together
- 13 Step forward and diagonally to the left on left foot
- 14 Slide right foot up next to left
- 15 Split heels apart
- 16 Bring heels back together

KNEE CIRCLES, KNEE KNOCKS

- 17 Circle right knee out and to the right
- 18 Circle right knee back to center
- 19 Circle left knee out and to the left
- 20 Circle left knee back to center
- & Circle right knee out and to the right
- 21 Circle right knee back to center
- & Circle left knee out and to the left
- 22 Circle left knee back to center
- & Split knees apart
- 23 Knock knees together
- & Split knees apart
- 24 Knock knees together

KNEE CIRCLES, KNEE KNOCKS

- 25 Circle left knee out and to the left
- 26 Circle left knee back to center
- 27 Circle right knee out and to the right
- 28 Circle right knee back to center
- & Circle left knee out and to the left
- 29 Circle left knee back to center
- & Circle right knee out and to the right
- 30 Circle right knee back to center
- & Split knees apart
- 31 Knock knees together
- & Split knees apart





牆數: 4

32 Knock knees together

VINE RIGHT, TOUCH, VINE LEFT WITH TURN, SCUFF

- 33 Step to the right on right foot
- 34 Cross left foot behind right and step
- 35 Step to the right on right foot
- 36 Touch left toe next to right foot
- 37 Step to the left on left foot
- 38 Cross right foot behind left and step
- 39 Step to the left on left foot making a ¼ turn to the left with the step
- 40 Scuff right foot forward

HEEL SWITCHES, HIP BUMPS

- 41 Touch right heel forward
- & Step right foot to home
- 42 Touch left heel forward
- & Step left foot to home
- 43 Touch right heel forward
- 44 Hold and clap hands
- 45-46 Step down on right foot in place and-bump hips forward and to the right twice
- 47-48 Bump hips back and to the left twice

Arm styling: bend elbows and clench fists. Draw arms in/out/in while executing hip bumps on beats 45-48

STEPS FORWARD, HIP BUMPS

- 49 Walk forward on right foot
- 50 Walk forward on left foot
- 51-52 Step forward on right foot and bump hips forward and to the right twice
- 53-54 Step forward on left foot and bump hips forward and to the left twice
- 55 Walk forward on right foot
- 56 Walk forward on left foot

Arm styling: bend elbows and clench fists. Draw arms in/out/in while executing hip bumps on beats 51-54

HEEL SWIVELS, KICK-BALL CHANGES

- & Step right foot shoulder width apart from left
- 57 Swivel heels to the left
- 58 Swivel heels to center
- 59 Kick right foot forward
- & Step on ball of right foot next to left
- 60 Shift weight onto left foot
- 61 Swivel heels to the left
- 62 Swivel heels to center
- 63 Kick right foot forward
- & Step on ball of right foot next to left
- 64 Shift weight onto left foot

REPEAT