

Funky Fresh

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: James "JP" Potter (USA)
音樂: One, Two Step (feat. Missy Elliott) - Ciara



HITCH ¼ TOUCH, SAILOR TURN CROSS, LOUNGE, HITCH, PUSH HIPS FORWARD BACK

- 1&2 Hitch right knee (right foot next to left knee), make ¼ turn right and step right to right side, point left to left side
- 3&4 Step left behind right, make ¼ turn left and step right to right side, make ¼ turn left and step left across (in front of) right
- 5-6 Press right to right side (quick lounge), make 1/8 turn left and bring right foot next to left knee
- 7-8 On diagonal step right forward pushing hips forward, push hips back putting weight on left

COASTER STEP, STEP PIVOT, SIDE HEEL TOE, SIDE

- 1&2 Still on diagonal (7:30) step right back, step left next to right, step right forward
- 3-4 Step left forward, pivot ½ turn right putting weight on right (facing 1:30)
- 5-8 Step left to left side (squaring on 3:00 wall), tap right heel forward across left, tap right toe back (turning body to face 1:30), step right to right diagonal (large step toward 4:30)

DRAG, LEFT SIDE, CROSS ROCK & POINT, CROSS ¼, COASTER TOUCH

- 1-2 Drag left next to right (squaring to 3:00 wall), step left to left side
- 3&4 Rock right across (in front of) left, replace weight to left, point right to right side
- 5-6 Step right across (in front of) left, make ¼ turn right and step left back
- 7&8 Step right back, step left next to right, touch right forward

FORWARD RIGHT, TOUCH, LEFT ROCK & CROSS, SIDE, SLIDE ¼ ¼ ¼

- 1-2 Roll forward onto right, touch left next to right
- 3&4 Rock left to left side, replace weight to right, step left across (in front of) right
- 5-8 Step right to right side, make ¼ turn right passing left foot next to right and step left to left side, make ¼ turn right passing right foot next to left and step right to right side, make ¼ turn right passing left foot next to right and step left to left side

REPEAT

TAG

Done at the end of the 4th wall

FORWARD OUT OUT, BACK, BACK

- 1-2 Push hips forward stepping right to right forward diagonal, push hips forward stepping left to left forward diagonal
- 3-4 Push hips to right stepping right to right back diagonal, push hips left stepping left to left side