

拍數: 80 牆數: 4 級數: Intermediate/Advanced

編舞者: Rob Fowler (ES)

音樂: Don't Wanna Let You Go - Five



JUMP BACK, CLICK, RIGHT KICK-BALL-STEP, RIGHT STEP/1/2 TURN LEFT, JUMP OUT/IN/OUT/IN

1-2 Jump both feet back (feet together), click fingers at shoulder height

3&4 Kick right foot forward, step right foot slightly forward, step left foot forward

5 Step right foot forward

6 Make a ½ turn left on ball of right foot stepping left foot to place beside right

Jump both feet apart, jump both feet togetherJump both feet apart, jump both feet together

JUMP BACK, CLICK, RIGHT KICK-BALL-STEP, RIGHT STEP/1/2 TURN LEFT, JUMP OUT/IN/OUT/IN

9-10 Jump both feet back (feet together), click fingers at shoulder height

11&12 Kick right foot forward, step right foot slightly forward, step left foot forward

13 Step right foot forward

Make a ½ turn left on ball of right foot stepping left foot to place beside right

Jump both feet apart, jump both feet together
Jump both feet apart, jump both feet together

JUMP BACK, CLICK, RIGHT SHUFFLE FORWARD, RONDE TURN (½-RIGHT), LEFT SHUFFLE FORWARD, RONDE TURN (½-LEFT)

17-18 Jump both feet back (feet together), click fingers at shoulder height

Step right foot forward, step left foot to place beside right, step right foot forward

21 Make a ½ turn right on ball of right foot sweeping left toe around right leg

22 Touch left toe to place beside right foot

Step left foot forward, step right foot to place beside left, step left foot forward

25 Make a ½ turn left on ball of left foot sweeping right toe around left leg

26 Touch right toe to place beside left foot

RIGHT SYNCOPATED ROCK FORWARD, RIGHT SYNCOPATED ROCK BACK, WALK FORWARD (RIGHT,LEFT), RUN FORWARD (RIGHT,LEFT), RIGHT TOUCH/OUT-OUT (RIGHT,LEFT)

27& Rock right foot forward, recover weight back onto left foot

28& Rock right foot back, recover weight onto left foot 29-30 Step right foot forward, step left foot forward 31& Step right foot forward, step left foot forward Touch right toe to place beside left foot

&33 Step both feet slightly back and apart - right, left

HIP BUMPS (RIGHT, LEFT), (&) RIGHT TOGETHER, LEFT SIDE STEP/BUMPS (LEFT, RIGHT), HIP BUMPS (LEFT, RIGHT), (&) LEFT TOGETHER, RIGHT SIDE STEP

34-35 Bump hips right, bump hips left & Step right foot to place beside left

36-37 Step left foot to left side bumping hips left, bump hips right

38-39 Bump hips left, bump hips right & Step left foot to place beside right 40 Step right foot to right side

LEFT TOUCH, LEFT KICK-STEP-CROSS, LEFT SIDE STEP, RIGHT TOUCH, RIGHT MONTEREY TURN (FULL-RIGHT)

41 Touch left toe to place beside right foot

42&43 Kick left foot forward, step left foot to place beside right, cross step right foot over left

Step left foot to left side, touch right toe to place beside left foot

46 Touch right toe out to right side

47 Make a full turn right on ball of left foot stepping right foot to place beside left

LEFT SIDE STEP/BUMPS (LEFT,RIGHT), HIP BUMPS (LEFT,RIGHT), (&) LEFT TOGETHER, RIGHT SIDE STEP/BUMPS (RIGHT,LEFT), HIP BUMPS (RIGHT,LEFT), (&) RIGHT TOGETHER, LEFT SIDE STEP

48-49 Step left foot to left side bumping hips left, bump hips right

50-51 Bump hips left, bump hips right & Step left foot to place beside right

52-53 Step right foot to right side bumping hips right, bump hips left

54-55 Bump hips right, bump hips left & Step right foot to place beside left

56 Step left foot to left side

RIGHT TOUCH, RIGHT KICK-STEP-CROSS, RIGHT SIDE TOE TOUCH, 3X 1/4 TURNS LEFT WITH TOE TOUCHES/RIGHT TOGETHER

57 Touch right toe to place beside left foot

58&59 Kick right foot forward, step right foot to place beside left, cross step left foot over right

60 Touch right toe out to right side

Make a ¼ turn left on ball of left foot touching right toe out to right side
Make a ¼ turn left on ball of left foot touching right toe out to right side
Make a ¼ turn left on ball of left foot touching right toe out to right side

Step right foot to place beside left

Alternate steps:

Make a ½ turn left on ball of left foot touching right toe out to right side
Make a ½ turn left on ball of left foot touching right toe out to right side
Make a ½ turn left on ball of left foot touching right toe out to right side
Make a ¼ turn left on ball of left foot stepping right foot to place beside left

JUMP APART/JUMP TOGETHER (½-RIGHT), JUMP APART/JUMP TOGETHER (½-LEFT), JUMP APART/JUMP TOGETHER (CROSS), JUMP APART/JUMP TOGETHER (2 TIMES)

65&	Jump both feet apart, jump both feet together making a ½ turn right in place
66&	Jump both feet apart, jump both feet together making a ½ turn left in place
67&	Jump both feet apart, jump both feet together crossing right foot in front of left

Jump both feet apart, jump both feet together

Jump both feet apart, jump both feet together making a ½ turn right in place

Jump both feet apart, jump both feet together making a ½ turn left in place

Jump both feet apart, jump both feet together crossing right foot in front of left

72& Jump both feet apart, jump both feet together

RIGHT STEP/½ PIVOT LEFT, RIGHT STEP/½ TURN LEFT, RIGHT KICK-STEP-BACK, SYNCOPATED JUMPS BACK (X3)

73-74 Step right foot forward, pivot a ½ turn left

75 Step right foot forward

76 Make a ½ turn left on ball of right foot stepping left foot to place beside right 77&78 Kick right foot forward, step right foot back, step left foot to place beside right

79&80 Jump both feet back (feet together) 3 times

REPEAT

TAG

On wall 3, miss out steps 73-80, and perform the following steps right through to the end of the track: RIGHT STEP/½ PIVOT LEFT, RIGHT STEP/½ PIVOT LEFT, RIGHT STEP/½ PIVOT LEFT, RIGHT STEP/½ PIVOT LEFT, RIGHT KICK-STEP-BACK, SYNCOPATED JUMPS BACK (X3)

73-74	Step right foot forward, pivot a ½ turn left (now facing 3:00)
75-76	Step right foot forward, pivot a ½ turn left (now facing 9:00)
77-78	Step right foot forward, pivot a ½ turn left (now facing 3:00)
79-80	Step right foot forward, pivot a ¼ turn left (now facing 12:00)
81-82	Kick right foot forward, step right foot back, step left foot to place beside right
83&84	Jump both feet back (feet together) 3 times

JUMP BACK, CLICK, RIGHT KICK-BALL-STEP, RIGHT STEP/1/2 TURN LEFT, JUMP OUT/IN/OUT/IN

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1-2	Jump both feet back (feet together), click fingers at shoulder height
3&4	Kick right foot forward, step right foot slightly forward, step left foot forward
5	Step right foot forward
6	Make a ½ turn left on ball of right foot stepping left foot to place beside right
78	lump both feet apart, jump both feet together

Jump both feet apart, jump both feet togetherJump both feet apart, jump both feet together

JUMP BACK, CLICK, RIGHT KICK-BALL-STEP, RIGHT STEP/3/4 TURN LEFT, JUMP OUT/IN/OUT/IN

9-10	Jump both feet back (feet together), click fingers at shoulder height
11&12	Kick right foot forward, step right foot slightly forward, step left foot forward
13	Step right foot forward
14	Make a ¾ turn left on ball of right foot stepping left foot to place beside right
15&	Jump both feet apart, jump both feet together
16&	Jump both feet apart, jump both feet together

Repeat steps 1-16 of this section another 3 times to make you face the front at steps 15&16& on the 4th repetition

FINISH

Finish the dance as follows:

1 Jump both feet back (feet together) and throw hands up into the air (facing 12:00)