For All The Girls



拍數: 32 牆數: 4 級數: Intermediate

編舞者: John "Grrowler" Rowell (UK)

音樂: To All the Girls I've Loved Before - Julio Iglesias & Willie Nelson



SIDE-CROSS ROCK & TURN, TRIPLE FULL TURN, ROCK-RECOVER, BACK-LOCK-STEP

1-2 Step left to left, cross rock right over left

Recover onto left, step right ¼ turn right (3:00)
4&5 Full right turn forward stepping left, right, left

6-7 Rock forward right, recover on left

8&1 Step back right, lock left across front of right, step back right

BACK ROCK-RECOVER, FULL TURN, STEP-LOCK-STEP, ROCK & TURN

2-3 Rock back on left, recover on right

4-5 Turn ½ right stepping back on left, turn ½ right stepping forward on right

6&7 Step left forward, lock right behind left, step left forward

8&1 Rock forward on right, recover on left, step right ¼ turn right (6:00)

CROSS ROCK-RECOVER, SAILOR STEP, CROSS ROCK-RECOVER, SAILOR ½ TURN

2-3 Cross rock left over right, recover on right

4&5 Sweep left round behind right and step on it, step right to right, step left slightly forward

6-7 Cross rock right over left, recover on left
8 Sweep right around left stepping ¼ turn right

&1 Step left across right, step right ¼ turn right swaying hips forward, (12:00)

SWAY BACK, STEP, ROCK-RECOVER, 1&1/4 TURN LEFT, CROSS

2-3 Sway back on left pushing hips back, step forward on right

4-5 Rock forward on left, recover on right

6 Step left ¼ turn left (9:00)

& On ball of left pivot ½ turn left stepping right to right side (3:00)

On ball of right pivot ½ turn left stepping left to left side (9:00)

8 Step right across front of left

REPEAT

OPTIONAL ENDING

The dance will finish on section 1

1-2 Step left to left, cross rock right over left (12:00) & Recover onto left, step right ¼ turn right (3:00)

4&5 Three ½ triple right turn forward stepping left, right, cross left over right (12:00)

6-7-8 Long step on right to right, slide left up to right over two counts

Assume the pose