42nd Street



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Bob Boesel (USA)

音樂: Don't Mess Around With Jim - Jim Croce



Sequence: ABABAB, first 16 counts of A, BA

PART A

TOE HEEL STRUTS (X 4), EXECUTING 1 1/2 TURNS RIGHT

1-2 With weight on left, touch right toe forward, drop right heel

3 Beginning turn, touch left toe

Drop left heel, continuing turn, touch right toe
Drop right heel, continuing turn, touch left toe
Drop left heel (8) completing 1 ½ turns

These turns are progressing forward

ROCK, ROCK, TOE HEEL STRUTS (X3), EXECUTING FULL TURN RIGHT

1-2 Rock back on right, recover weight left

3-4 Starting turn right, touch right toe forward, drop right heel

5-6 Continuing turn right, touch left toe, drop left heel7-8 Touch right toe, drop right heel, finishing full turn right

This turn is progressing forward

ROCK, ROCK, STEP, TOUCH (X3)

1-2 Rock left forward, recover weight right

3-4 Step left back on diagonal, touch right next to left
5-6 Step right back on diagonal, touch left next to right
7-8 Step left back on diagonal, touch right next to left

ROCK, RECOVER, STEP, HOLD (TWICE)

1-4 Rock right to side, recover weight left, step right forward, hold 5-8 Rock left to side, recover weight right, step left forward, hold

SIDE, TOUCH, SIDE, TOUCH, VINE WITH 1/2 TURN

1-2 Step right to side, touch left next to right3-4 Step left to side, touch right next to left

5-8 Step right to side, cross left behind right, step right to side executing ½ turn right, step left

next to right

SIDE, TOUCH, SIDE, TOUCH, VINE WITH 1/2 TURN

1-2 Step right to side, touch left next to right3-4 Step left to side, touch right next to left

5-8 Step right to side, cross left behind right, step right to side executing ½ turn right, step left

next to right

CROSS, ROCK, SIDE, HOLD, CROSS, ROCK, SIDE HOLD

1-4 Cross right over left, recover weight left, step right to side, hold 5-8 Cross left over right, recover weight right, step left to side, hold

CROSS, ROCK, SIDE, TOUCH, SIDE, TOUCH. SIDE, TOUCH

1-4 Cross right over left, recover weight left, step right to side, touch left next to right 5-8 Step left to side, touch right next to left, step right to side, touch left next to right

PART B

1/2 MONTEREY TURN LEFT. ROCKING CHAIR

1-4 Point left to side, execute ½ turn left onto left, point right to side, touch right next to left

5-8 Rock back on right, recover weight on left at center, rock forward on right, recover weight on

left at center

SUPER MAN PATTERN

1-4 Step long step back on right, drag, left back for 3 counts to touch toe across right

Styling for arms: arms in front at waist level, hands closed in a fist, with fingers down, tug towards body on each count (x4)

5-8 Step forward left, lock right behind left, step forward left, brush right

STEP, HOLD, PIVOT, HOLD, JAZZ BOX

1-4 Step forward right, hold, pivot ½ to left onto left, hold

5-8 Cross right over left, step back on left, step right next to left, step left to side (shoulder width

apart)

LONE RANGER PATTERN

1-8 Hold (x4), swing hips left, hold, swing hips right, hold

Styling for arms: 1-4 raise left forearm parallel to floor to cover eyes, palm out, hold. Use right hand to pull left arm down. Hands return to sides. Hold

SIDE, DRAG, DRAG, DRAG, ROCK, ROCK, ROCK

1-4 Step left to side, drag right towards left for 3 counts

5-8 Rock back on right, recover weight left, rock right to side, recover weight left

ROCK, ROCK, ROCK, PADDLE TURN (TWICE)

1-4 Rock right forward, recover weight left at center, rock right to side, recover weight left at

center

5 Two-paddle turns executing ¼ turn left each: step forward on right

6-8 Turn ¼ turn left onto left, step forward on right, turn ¼ turn left onto left

PADDLE TURNS (TWICE)

1-4 Two paddle turns executing ¼ turn left each: step forward on right, turn ¼ turn left onto left

3-4 Step forward on right, turn ½ turn left onto left