

Four Wheel Blues (P)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數: Partner
編舞者: Ruth Elias (UK) & Debra Guard
音樂: Four Wheel Cowboy Blues - Dave Sheriff



- 1-4 Right foot step forward, bumping hips forward twice, left foot step forward, bumping hips forward twice
- 5-8 Walk forward on right, left, right and touch (push arms forward right, left, right, left)
- 9-12 Step into $\frac{1}{4}$ turn left on left foot dropping left hand, kick right foot, then dropping right hand and rejoining left, step $\frac{1}{2}$ turn right on right foot and kick left foot
- 13-16 Step down on left foot, bumping hips in twice and out twice
- 17-24 Left shuffle back to face each other (rejoining both hands), right shuffle into $\frac{1}{4}$ turn left (dropping left hand), left shuffle into $\frac{1}{2}$ turn right (dropping right hand and rejoining left), step into $\frac{1}{4}$ turn to face each other on right foot, step together on left (rejoining both hands)
- 25-32 **MAN:** Touch right foot out to side, cross right in front of left, repeat on left foot, repeat on right foot, touch left foot out to side, left foot step in place (when touching out to side, open arms, then close them when crossing over)
LADY: Touch left foot out to side, cross left behind right, repeat on right foot, repeat on left foot, touch right foot out to side, right foot step in place

REPEAT