

# Free Spirit

**COPPER** KNOB  
STEPPERS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Helen O'Malley (IRE) & Eddie Ainsworth (UK)  
音樂: Single White Female - Chely Wright



Dedicated to Cheryl German, Our good friend on her birthday

## KICKS WITH ¼ TURN, OUT-OUT'S TRAVELING BACK, KICK BALL TOUCHES

- 1&2      Kick right forward, step right beside left turning ¼ right, kick left forward
- &3      Step back and slightly diagonally on left, step back diagonally on right
- &4      Step back and slightly diagonally on left, step back diagonally on right
- 5&6      Kick left forward, step forward left, point right toe to right side
- 7&8      Kick right forward, step forward right, point left toe to left side

## & STEP ¼ TURN, JAZZ BOX, KNEE POPS, HIP ROLLS

- &9-10      Step left behind right, step right slightly forward, pivot ¼ turn left
- 11&12      Cross step right over left, step back left, step right to right side
- 13-14      Pop left knee into center, as you straighten left knee, pop right knee into center
- &15&16      As you straighten right knee, roll hips to the right twice

## STEP LOCK, ANKLE ROCKS, STEP FORWARD, LOCK, ½ TURN HEEL TAPS

- 17-18      Step forward left, lock step right behind left
- 19&20      Rock ankles: left, right, left
- 21-22      Step forward left, lock step right behind left
- 23&24      Unwind ½ turn right: as you tap both heels 3 times

## LOCK STEPS BACK, WALKS FORWARD, OUT-OUT'S

- 25&26      Step right diagonally back, lock step left over right, step back right
- 27&28      Step left diagonally back, lock step right over left, step back left
- 29-30      Walk forward: right, left
- &31&32      Still moving forward step out: right, left, right, left

## BODY SWAYS, CHASSES

- 33-34      Sway body: right, left
- 35&36      Step right to right side, step left beside right, step right to right side
- 37-38      Repeat counts (33-34) starting with left
- 39&40      Repeat counts (35&36) starting with left

## ROCK STEP, ¾ SHUFFLE, FULL TURN, CHASSE

- 41-42      Rock forward on right, rock weight back onto left
  - 43      Step back right ¼ turn right
  - &      On ball of right pivot ½ turn right stepping left to left side
  - 44      Step right beside left
  - 45      Step left to left side turning ½ over right shoulder
  - 46      Step right to right side making ½ turn over right shoulder
- You will have made a full turn to face 3:00 wall from original start of dance**
- 47&48      Step left to left side, step right beside left, step left to left side

## REPEAT