

# Freespirt

**COPPER** KNOB  
STEPSHEETS

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Eddie Ainsworth (UK) & Helen O'Malley (IRE)  
音樂: Single White Female - Chely Wright



Dedicated to Cheryl German, Our good friend on her birthday

## RIGHT KICK ¼ TURN, LEFT KICK, OUT OUT TWICE, MOVING FORWARD LEFT KICK AND TOUCH, RIGHT KICK AND TOUCH

- 1&2      Kick right foot forward, as you step down on right make ¼ turn right, kick left forward
- &3      Step back and slightly diagonally on left, step back diagonally on right
- &4      Repeat counts & 3
- 5&6      Kick left forward, step forward on left, point right toe to right side
- 7&8      Kick right forward, step forward on right, point left toe to left side

## STEP ¼ TURN, JAZZ BOX, KNEE POPS & HIPS ROLLS

- &9      Step left foot beside right, and step right foot forward
- 10      Pivot on balls of both feet ¼ turn left
- 11&12      Cross right over left, step back on left, step right to right side
- 13-14      Pop left into center, as you straighten left knee, pop right knee into center
- &15&16      As you straighten right knee, roll hips to the right twice

## STEP LOCK, ANKLE ROCKS, STEP FORWARD, LOCK, ½ TURN HEEL TAP

- 17-18      Step forward left, lock right behind left
- 19&20      Rock ankles left, right, left
- 21-22      Step forward left, lock right behind left
- 23&24      Unwind ½ turn right, as you tap heel 3 times

## RIGHT LOCK STEP BACK, LEFT LOCK STEP BACK, WALK, WALK, OUT. OUT TWICE

- 25&26      Step right foot diagonally back, lock left in front of right, step back on right
- 27&28      Step left foot diagonally back, lock right in front of left, step back on left
- 29-30      Walk right forward, walk left forward
- &31&32      Still moving forward, step out right left, right left

## BODY SWAY, CHASSE, TWICE

- 33-34      Sway body right, left
- 35&36      Step right to right side, close left beside right, step right to right side
- 37-38      Repeat counts 33 - 34 starting with left
- 39&40      Repeat counts 35 & 36 starting with left

## ROCK STEP ¾ SHUFFLE TURN, FULL TURN, LEFT CHASSE

- 41-42      Rock forward on right, rock back on left
- 43&44      Triple step ¾ turn over right shoulder on right, left, right
- 45-46      Step left to left side, pivoting on ball of left foot make ½ turn over right shoulder stepping right to right side
- 47&48      Pivoting on ball of right foot make ½ to right stepping left to left side, step right next to left, step left to left side

## REPEAT