

The First Time

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 4 級數: Intermediate
編舞者: Helen Wrenhurst (UK)
音樂: Islands in the Stream - Dolly Parton & Kenny Rogers



RIGHT SIDE SHUFFLE, FULL TURN RIGHT IN TWO STEPS

1&2 Right step to side, close left, right step to right
3-4 Cross left over right with left kick & touch, cross right over left, ½ unwind
5-8 Kick left forward, step left in place on &, touch right toe out to right side, cross right over left, unwind ½ left

RIGHT SIDE SHUFFLE, FULL TURN RIGHT, LEFT KICK & TOUCH, CROSS RIGHT OVER LEFT, ½ UNWIND

9-16 Repeat first 16 beats identically

RIGHT SHUFFLE, LEFT SHUFFLE WITH ½, TURN RIGHT

17-20 Step forward right, close left on &, step forward right, step forward left, close right starting i/2 turn right on &, step back left finishing ½ turn

SYNCOPATED JUMP BACK, HOLD, RIGHT COASTER STEP

21-24 Small jump back landing right left, hold 1 beat, step back right, close left on &, step forward right

LEFT SHUFFLE, RIGHT SHUFFLE WITH ½ TURN LEFT

25-28 Step forward left, close right on &, step forward left, step forward right, close left starting ¾ turn left, step back right finishing ½ turn

SYNCOPATED JUMP BACK, HOLD, LEFT COASTER STEP

29-32 Small jump back landing left right, hold 1 beat, step back left, close right on &, step forward left

RIGHT SHUFFLE, HEEL SWITCHES

33-35 Step forward right, close left on &, step forward right, touch left
36 Heel forward, bring left in on &, touch right heel forward, bring right in

LEFT SHUFFLE, HEEL SWITCHES

37-40 Step forward left, close right on &, step forward left, touch right heel forward, bring right in on touch left heel forward, bring left in on &

REPEAT