

Ez Sally

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner west coast swing
編舞者: Kelli Haugen (NOR)
音樂: Mustang Sally - The Commitments



WALK, WALK, ROCK, RECOVER, WALK BACK, WALK BACK, ROCK RECOVER

1-2-3-4 Walk forward on right, left, rock forward on right, recover back on left
5-6-7-8 Walk back on right, left, rock back on right, recover forward on left

STEP, ¼ TURN, STEP, ¼ TURN, STEP, STEP, HIP ROLL

1-2-3-4 Step forward on right, ¼ turn left on left, step forward on right, ¼ turn left on left
5-6-7-8 Step right to right side placing right hand on right hip, step left to left side placing left hand on left hip, roll hips counter to the right one full circle starting on left side

WEAVE RIGHT, SCISSOR STEP, STEP

1-2-3-4 Step right to right, cross left behind right, step right to right, cross left in front of right
5-6-7-8 Step right to right, step left next to right, cross right in front of left, step left to left

CROSS BACK, ¼ TURN, STEP, ½ TURN, & STEP, HIP BUMP, HIP BUMP

1-2-3-4 Step right behind left, ¼ turn left on left, step forward on right, ½ turn left on left
&5-6-7-8 Step slightly forward and right on right, step slightly forward and left on left, hold, bump hips right, left

REPEAT
