

Fahrenheit

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數:
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音樂: Return To Sender - The Linebackers



KICK BALL CROSS STEP, SLIDE & TOUCH

1&2 Kick right foot forward, step back on ball of right foot, cross step left over right
3-4 (Long) step right foot to right side, slide left foot next to right ending with touch
On steps 3-4 extend arms out to sides at shoulder height & lean over to left on count 4

ROLLING VINE LEFT

5-6 Step left foot to left side making $\frac{1}{4}$ turn left, step right foot in front of left making $\frac{1}{4}$ turn to left
7-8 Pivot $\frac{1}{2}$ turn left on ball of right foot, stepping left foot to left side, touch right next to left

HIP SHAKES FORWARD

9&10 Step right foot diagonally forward bumping hips to right, left, right
11&12 Step left foot diagonally forward bumping hips to left, right, left

KICK AND SHUFFLE ON SPOT

&13&14 (Low) kick right foot forward, shuffle on spot, stepping right, left, right
&15&16 (Low) kick left foot forward, shuffle on spot, stepping left, right, left

MASHED POTATOES BACK

& With weight on ball of left foot, turn both toes inward & lift right foot slightly off floor
17 Step back on right foot, turning both toes outward
& With weight on ball of right foot, turn both toes inward & lift left foot slightly off floor
18 Step back on left foot, turning both toes outward
&19&20 Repeats steps &17&18

During above 4 counts with elbows bent and hands in front of face (palms facing each other) weave hands left over right then right over left continuing to do so as your arms gradually get higher. (your hands should mimic rising flames)

STEP. TOGETHER. STEP. TOUCH

21-22 Step right foot to right side stretching right hand up above head keeping arm straight, step left foot next to right lowering right hand to right shoulder
23-24 Step right foot to right side stretching right hand across front of body (shoulder height) to left, step left foot next to right bringing right hand into right shoulder
25-28 Repeat steps 21-24. Lower hand after count 28
During counts 21-28 turn head to follow right hand on counts 21, 23, 25, 27.

KICK BALL TOUCH, CROSSOVER, UNWIND

29&30 Kick right foot forward, step back on ball of right foot, point left toe out to left side
31-32 Cross left foot over right, unwind $\frac{1}{2}$ turn over right shoulder (weight ends on left foot)

REPEAT