Falcon Crest



拍數: 0 牆數: 4 級數:

編舞者: Darren "Texas Tornado" Tubridy (UK) 音樂: If My Heart Had Wings - Faith Hill



PART A

DIAGONAL SLIDES RIGHT & LEFT, HEEL JACKS, DIAGONAL STEPS BACK & TOUCH

1-2 Step right diagonally forward, slide left beside right3-4 Step left diagonally forward, slide right beside left

Optional styling:

1&3 2&4	As you step forward, swing both arms above your head As you slide foot together, swing both arms down to your side
5&6	Cross left over right, step right to right side dig left heel forward, step left beside right

7&8 Cross right over left, step left to left side dig right heel forward, step right beside left
 9-10 Step right diagonally back, touch left beside right

9-10 Step right diagonally back, touch left beside right 11-12 Step left diagonally back, touch right beside left

CHASSE RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK, PIVOT ½ TURN TWICE

13&14	Step right to right side, close left beside right, step right to right side
15-16	Cross rock left behind right, recover weight onto right
17&18	Step left to left side, close right beside left, step left to left side
19-20	Cross rock right behind left, recover weight onto left
21-22	Step forward right, make ½ turn left
23-24	Step forward right, make ½ turn left

CROSS STEPS & TOE TOUCHES, CROSS UNWIND, COASTER STEP

25-26	Cross right foot over left, touch left toe to left side
27-28	Cross left foot over right, touch right toe to right side
29-30	Cross right over left, make a ½ turn left
31&32	Step back left, step left beside right, step forward left

PART B

MONTEREY TURNS TWICE, RIGHT SHUFFLE, LEFT SHUFFLE, "RUNNING MAN" STEPS

1-2	Touch right toe to right side, make ½ turn left, step right beside left
3-4	Touch left toe to left side, touch left beside right
5-6	Touch right toe to right side, make ½ turn left, step right beside left
7-8	Touch left toe to left side, touch left beside right
9&10	Shuffle forward on right, left, right
11&12	Shuffle forward on left, right, left
13&14	Scoots & hitches backwards
15&16	Scoots & hitches backwards
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Optional styling: while doing the "running man" steps, swing your arms up & down in wing-like movements

TAG

GRAPEVINE, KICK BALL-CHANGE TWICE, FULL TURN, KICK BALL-CHANGE TWICE

1-2	Step right to right side, cross left behind right
3-4	Step right to right side, touch left beside right

5-6	Kick left forward, step left beside right, step right in place
7-8	Kick left forward, step left beside right, step right in place
9-10	Step left to the side making a full turn to the left
11-12	Turn on right, left, right
13-14	Kick right forward, step right beside left, step left in place
15-16	Kick right forward, step right beside left, step left in place

1/4 TURN LEFT, TOE TOUCH, SIDE TOE TOUCH

17-18 Step right into ¼ turn left, touch left toe behind right foot

19-20 Step left to left side, touch right toe behind left

Styling:

17&19 Click fingers above head

18 Click down to right 20 Click down to left

The wing-like arm movements are the reason the dance is called Falcon Crest & must be included.