

Favourite Things

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Zandra Varnham (SCO)
音樂: Favourite Things - Big Brovaz



There will be one verse sung before you start, start when the heavier beat kicks in.

RIGHT TWINKLE, LEFT TWINKLE

1-2-3 Cross right over left, step down on left, step right next to left
4-5-6 Cross left over right, step down on right, step left next to right

TRIPLE ½ TURN, TRIPLE ¾ TURN

1-2-3 Rock forward on right, turn ¼ turn right stepping down on left, ¼ turn right stepping forward on right
4-5-6 Step forward on left, ½ turn right, stepping down on right, ¾ turn stepping down on left

STEP FORWARD, DRAG, HOLD TWICE

1-2-3 Step forward on right, drag left up behind it, hold
4-5-6 Step forward on left, drag right up behind it, hold

TRIPLE ½ TURN, TRIPLE ¾ TURN

1-2-3 Rock forward on right, recover weight back onto left, ½ turn right stepping forward on right foot
4-5-6 Step forward on left, ½ turn right, stepping down on right, ¾ turn stepping down on left

STEP, SWEEP, HOLD TWICE

1-2-3 Step forward on right, sweep left out and round, step down on left foot
4-5-6 Step forward on left, sweep right out and round, step down on right foot

RIGHT LOCK FORWARD, LEFT LOCK FORWARD

1-2-3 Step right foot forward, lock the left foot behind right, step forward on right foot
4-5-6 Step left foot forward, lock right foot behind left, step forward on left foot

TRIPLE FULL TURN, LEFT SHUFFLE

1-2-3 Step forward on right, ½ turn right stepping down on left, ½ turn right stepping forward on right
4-5-6 Step left foot forward, bring right up next to left, step forward on left

TRIPLE FULL TURN, LEFT SHUFFLE

1-2-3 Step forward on right, ½ turn right stepping down on left, ½ turn right stepping forward on right
4-5-6 Step left foot forward, bring right up next to left, step forward on left

REPEAT