

Fed Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Pauline Grey
音樂: I've Had Enough - The Tractors



SIDE, TOGETHER, SIDE, TOGETHER, HEEL, TOGETHER, HEEL, TOGETHER

- 1-2 Touch right toe to right side, bring right foot back to neutral
- 3-4 Touch left toe to left side, bring left foot back to neutral
- 5-6 Touch right heel out to front, bring right foot back to neutral
- 7-8 Touch left heel out to front, bring left foot back to neutral

STEP, TURN ¼ LEFT, TOUCH, SIDE, TOUCH, SIDE, FLICK, SIDE, FLICK

- 1-2 Step forward on right foot, turning ¼ left, touch left toe next to right and clap
- 3-4 Step to left side on left foot, touch right toe next to left foot and clap
- 5-6 Step right foot to right side, flick left foot up behind right leg (slap left heel if desired)
- 7-8 Step left foot to left side, flick right foot up behind left leg (slap right heel if desired)

VINE RIGHT, SCUFF, VINE LEFT, SCUFF

- 1-2 Step right foot to right side, cross/step left foot behind right
- 3-4 Step right foot to right side, scuff left foot through neutral
- 5-6 Step left foot to left side, cross/step right foot behind left
- 7-8 Step left foot to left side, scuff right foot through neutral

STEP, PIVOT ¼ LEFT TWICE, TOE/HEEL STRUTS TWICE

- 1-2 Step forward on right foot, pivot ¼ left taking weight onto left foot
- 3-4 Step forward on right foot, pivot ¼ left taking weight onto left foot
- 5-6 Step toe of right foot forward, bring right heel down to floor (click fingers on count 6 if desired)
- 7-8 Step toe of left foot forward, bring left heel down to floor (click fingers on count 8 if desired)

REPEAT

ENDING

Do 1st toe/heel then stomp left foot next to right
