Fever



拍數: 48 牆數: 4 級數:

編舞者: Parry Spence (USA)

音樂: I Like It, I Love It - Tim McGraw



ROCK STEPS AND HIP ROLL

1 Step forward to 11 o'clock on right foot

2 Rock back onto left foot3 Step back on right foot

4 Rock forward onto left foot angling body towards 2 o'clock

5 Step forward on right foot throwing hip to right

6-8 Roll hips right and then to the left

MILITARY TURN, PIVOT, SCUFF AND STOMPS

Right toe behind left foot
Military ½ turn to the right
Step forward with left foot

12 Pivot right13 Step left

14 Scuff right foot next to left

15 Stomp right16 Stomp left

KNEE SLAPS

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Hitch left knee across right leg, slapping it with right hand

19 Step towards 10 o'clock with left foot

20 Hitch right knee across left leg, slapping it with left hand

21 Step 3 o'clock with right foot while twisting on balls of feet to face right. (feet remain apart)

Twist back to left on balls of feet to face left
Twist back to right on balls of feet to face right

24 Move left foot up together

STEP AND DRAGS

25 Step onto right foot to 1 o'clock

26 Drag up left foot

27 Step onto right foot to 1 o'clock

28 Drag up left foot

29 Step onto left foot to 11 o'clock

30 Drag up right

31 Step onto left foot to 11 o'clock

32 Drag up right

TURN AND TWISTS

33 Step back on left foot

Option: hop back on left foot with right heel forward 34 Step left foot forward behind right

35 Military pivot ½ turn

36 Twist both heels left, twist both heels right

37 Step back on left foot

Option: hop back on left foot with right heel forward

38 Step left foot behind right
39 Military pivot ½ turn
&40 Twist both heels left, twist both heels right

SIDE STEPS

41 Step to right on right foot bumping hip to right 42 Bump hip to right again 43 Bump left hip to left 44 Step right foot back together while bumping hip to right 45 Step to left on left foot bumping hip to left 46 Bump hip to left again 47 Bump hip to right 48 Step left foot back together while bumping hip to left

REPEAT