

Empty Arms

拍數: 48 牆數: 4 級數: Improver waltz
編舞者: Diana Dawson (UK)
音樂: Just Out of Reach - David Ball



TWINKLES LEFT & RIGHT, WEAVE, ¼ TURN, STEP, PIVOT ½ TURN

- 1-2-3 Left cross over right, step right to right side, step left next to right
4-5-6 Right cross over left, step left to left side, step right next to left
7-8-9 Left cross over right, step right to right side, step left behind right
10 Step right to right side making ¼ turn right (3:00)
11-12 Step left forward, pivot ½ turn right transferring weight onto right (9:00)

½ TURN, BASIC BACK, ½ TURN, BASIC BACK

- 1-2-3 Step forward on left, make ½ turn left stepping back on right, step left next to right (3:00)
4-5-6 Step back on right, step left next to right, step right in place
7-8-9 Step forward on left, make ½ turn left stepping back on right, step left next to right (9:00)
10-11-12 Step back on right, step left next to right, step right in place

STEP, TAP, TWICE, BACK, TAP TWICE, ½ TURN, BASIC BACK

- 1-2-3 Step forward on left. Tap right toes forward towards right diagonal - twice
4-5-6 Step back on right. Tap left toes back to left diagonal - twice
7-8-9 Step forward on left, make ½ turn left stepping back on right, step left next to right (3:00)
10-11-12 Step back on right, step left next to right, step right in place

SPIRAL ½ TURN FORWARD, ½ TURN BACK, BASIC FORWARD, ½ TURN, SWEEP

- 1-2-3 Step left forward, make ½ turn left stepping back on right, step left next to right (9:00)
4-5-6 Step back on right, make ½ turn left stepping forward on left, step right next to left (3:00)

Easier option:

- 1-6 Forward, lock, forward left, then right

7-8-9 Step left forward, step right next to left, step left in place
10 Make ½ turn right taking a long step forward on right (9:00)
11-12 Point left to left side. Hold

REPEAT

ENDING

To finish the dance facing front, when dancing to "Just Out Of Reach" the music during the last wall finishes at the end of section 2 . Simply replace the ½ turn (steps 7-9) with a ¼ turn, step back and hold (replacing steps 10-12)