Every Day Lovin'



拍數: 40 牆數: 4 級數: Intermediate

編舞者: William Sevone (UK)

音樂: Gimme Some Lovin' - The Spencer Davis Group



OPTIONAL INTRO

Listen for the heavy bass/drum beat. The easiest way to remember is to count 1-2-3-4 with the fourth coinciding with the heavy bass/drum beat. Start after the first heavy beat

A (X 1)

1-3 Hold

4 Touch right toe to right side & clap hands

B (X 13)

1 Step right foot next to left

2-3 Hold

4 Touch left toe to left side & clap hands

Continue with the above 4 counts (B) alternating the leading foot. On the 15th repetition do the following:

C (x 1)

Step left foot next to right

2-3 Hold

4 Jump feet apart & clap hands above head. (this will coincide with the shout 'hey' in the music)

& Jump left foot to center

And now, the dance

CROSS HITCH, SIDE TOE TOUCH, 1/4 RIGHT, STAMP, KICK BALL STEP, FORWARD RIGHT FULL TURN

1-2 Hitch right knee across left thigh, touch right toe to right side

3-4 (Dropping right heel to floor) turn ½ right, stamp left foot next to right

5&6 Kick left foot forward, step left foot next to right, step forward onto right foot

7-8 Turn ½ right & step backward onto left foot, turn ½ right & step forward onto right foot

STEP FORWARD, STEP, 2X BACKWARD SAILOR STEP, STEP BACKWARD, ½ LEFT STEP FORWARD

9-10 Step forward onto left foot, step onto right foot

11&12 Cross step left foot behind right, step right foot next to left, step left foot diagonally backward

left.

13&14 Cross step right foot behind left, step left foot next to right, step right foot diagonally backward

right

15-16 Step backward onto left foot, turn ½ left & step forward onto right foot

2X FORWARD SAILOR STEP, 2X SIDE STEP-BACK CROSS KICK WITH EXPRESSION

17&18 Cross step left foot behind right, step right foot next to left, step left foot diagonally forward

left

19&20 Cross step right foot behind left, step left foot next to right, step right foot diagonally forward

right

21-22 Step left foot to left side, kick right foot across back of right thigh & swing arms to left

Count 22: body leaning right & head turned left

23-24 Step right foot to right side, kick left foot across back of right thigh & swing arms to right

Count 24: body leaning left & head turned right

1/4 LEFT-DIAGONAL LEFT FORWARD SHUFFLE, DIAGONAL RIGHT FORWARD SHUFFLE, STEP FORWARD, 1/2 RIGHT SIDE STEP, CROSS STEP, 1/4 RIGHT STEP FORWARD

25&26 Turn ¼ left & step diagonally forward left onto left foot, close right foot next to left, step

forward onto left foot

27&28 Step diagonally forward right onto right foot, close left foot next to right, step forward onto

right foot

29-30 Step forward onto left foot, turn ½ right & step right foot to right side 31-32 Cross step left foot over right, turn ¼ right & step forward onto right foot

3X CROSS BEHIND TOE TAP WITH EXPRESSION-DIAGONAL STEP FORWARD, 2X ½ RIGHT SIDE STEP

33-34 Cross tap left toe behind right foot, step left foot diagonally forward left

Count 33: click fingers (both hands) to right of chest

35-36 Cross tap right toe behind left foot, step right foot diagonally forward right

Count 35: click fingers (both hands) to left of chest

37-38 Cross tap left toe behind right foot, step left foot diagonally forward left

Count 33: click fingers (both hands) to right of chest

39-40 Turn ½ right & step right foot to right side, turn ½ right & step left foot to left side

REPEAT

TAG

At the end of the 3rd wall add these four extra counts

41-44 (With feet slightly apart) rock step onto: right foot, left foot, right foot, left foot

DANCE FINISH

At the end of wall 9 during music fade replace count 40 with the following

Turn ¼ right & step or stomp left foot next to right with right hand on hat brim and left hand

behind back