

Everything

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Alex Spencer (UK)
音樂: Everything - Anna Vissi



STEP, CROSS ROCK, RECOVER, SIDE SHUFFLE, BOX, ¼ SHUFFLE

- 1 Step right foot to right side
- 2-3 Cross rock left over right, rock back onto right
- 4&5 Step left to left side, step right next to left, step left to left side
- 6-7 Cross right over left, step left back
- 8&1 Step right ¼ turn right, close left behind right, step right forward

KICK, CROSS, COASTER CROSS, SIDE ROCK, TRIPLE FULL TURN

- 2 Kick left foot forward
- 3 Cross left in front of right
- 4&5 Step right back, step left next to right, step right forward
- 6-7 Rock left to left side, rock on to right
- 8&1 Full turn turning left on left, right, left

SIDE SHUFFLE, SAILOR STEP, BEHIND UNWIND FULL TURN, SIDE ROCK CROSS

- 2&3 Step right to right side, step left beside right, step right to right side
- 4&5 Cross left behind right, step right to right side, step left to place
- 6-7 Touch right toe behind left, unwind a full turn right (weight on right)
- 8&1 Rock left to left side, rock on to right in place, cross left over right

¼, ¼, ROCK TURN ¼, STEP ½ PIVOT, CROSS AND HEEL JACK

- 2-3 Step right back into ¼ turn, step left forward ¼ turn
- 4&5 Rock right forward, rock back on to left, step right in to ¼ turn right
- 6-7 Step left forward, pivot ½ turn right
- 8&1 Cross left in front of right, step right back, touch left heel diagonally forward left

BALL CROSS, STEP, SAILOR STEP, POINT, POINT, SAILOR STEP

- &2 Step left beside right, cross right over left
- 3 Step left beside right
- 4&5 Cross right behind left, step left to left side, step right to place
- 6-7 Touch left toe forward, touch left toe to left side
- 8&1 Cross left behind right, step right to right side, step left to place

CROSS, BACK, SIDE SHUFFLE, CROSS, BACK, ¼ SIDE SHUFFLE

- 2-3 Cross right over left, step left back
- 4&5 Step right to right side, step left beside right, step right to right side
- 6-7 Cross left over right, step right back
- 8&1 Step left ¼ turn left, close right behind left, step left forward

KICK, CROSS, COASTER CROSS, SIDE ROCK, TRIPLE FULL TURN

- 2 Kick right foot forward
- 3 Cross right in front of left
- 4&5 Step left back, step right next to left, step left forward
- 6-7 Rock right to right side, rock on to left
- 8&1 Full turn turning right on right, left, right

CROSS, BACK, SIDE ROCK TWICE, SIDE, SIDE

2-3 Cross left over right, step right back

4-5 Rock left to left side, rock on to right

&6-7 Step on to left, rock right to right side, rock on to left

8& Step right to right side, step left beside right

Count 64 joins to count 1 to make a right side shuffle

REPEAT

TAG

At the end of wall 1, add 4 hip bumps (right, left, right, left)

During wall 4, dance counts 1-5 and add 4 hip bumps (right, left, right, left)
