

Dusty Armidillo Shuffle 4-2 (P)

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 0 級數: Partner
編舞者: Bud Bailey (USA) & Marsha Bailey (USA)
音樂: Bar Room Athlete - Billy Hoffman



Position: Sweetheart Position

SHUFFLES

1&2 **LADY:** Shuffle forward right-left-right
 MAN: Shuffle forward left-right-left
3&4 **LADY:** Shuffle forward left-right-left
 MAN: Shuffle forward right-left-right
5&6 **LADY:** Shuffle forward right-left-right
 MAN: Shuffle forward left-right-left
7&8 **LADY:** Shuffle forward left-right-left
 MAN: Shuffle forward right-left-right

HIP BUMPS

1-2 **LADY:** Bump hips left 2 times
 MAN: Bump hips right 2 times
3-4 **LADY:** Bump hips right 2 times
 MAN: Bump hips left 2 times

HIP ROLLS

1-4 **LADY:** Roll hips in a circle to the left
 MAN: Roll hips in a circle to the right

HEEL SWIVELS

Weight on toes of feet, swivels heels from side to side

1-3 **LADY:** Swivel heels right-left-right
 MAN: Swivel heels- left-right-left
4 **LADY:** Kick outside foot forward (right)
 MAN: Kick outside foot forward (left)

WALK BACK / HITCH

1-2 **LADY:** Walk back right, left
 MAN: Walk back left, right
3-4 **LADY:** Walk back right, hitch inside knee(left)
 MAN: Walk back left, hitch inside knee(right)

STEP/DRAG/STEP/TOUCH

1-2 **LADY:** Step left forward, slide right up to left
 MAN: Step right forward, slide left up to right
3-4 **LADY:** Step left forward, step right next to left
 MAN: Step right forward, step left next to right

SIDE SHUFFLES/ ROCK

Cross shuffle, woman crosses in front of the man both times, keeping your hands joined. Hands go over lady's head, you face each other

1&2 **LADY:** Shuffle to left-left-right-left
 MAN: Shuffle to right- right-left-right
3-4 **LADY:** Rock back on right, forward on left

5&6 **MAN:** Rock back on left, forward on right
LADY: Shuffle to right right-left-right
MAN: Shuffle to left- left-right-left
7-8 **LADY:** Rock back on left, forward on right
MAN: Rock back on right, forward on left

JAZZ BOX

1 **LADY:** Cross left over right
MAN: Cross right over left
2 **LADY:** Step back on right
MAN: Step back on left
3 **LADY:** Step left in place
MAN: Step right in place
4 **LADY:** Touch right next to left
MAN: Touch left next to right

REPEAT
