

# Early Riser

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4  
編舞者: Maria Louise Gill (UK)  
音樂: All Rise - Blue

級數: Improver



## KICK STEP TOUCH, LOCK STEP, POINT, POINT, STOMP, SWIVEL

- 1&2 Kick right foot forward, step right foot behind left, touch left toe in front of right
- 3&4 Step left foot in front of right, lock right foot behind left, step left foot in front of right
- 5&6& Point right toe to right side, step right foot next to left, point left toe to left side, step left foot next to right
- 7&8 Step (stomp) right foot in front of left, swivel both heels to the right (weight on the balls of your feet), swivel both heels to the left

## MAMBO CROSS X3, STEP ¼ TURN, REVERSE SCUFF, HITCH ¼ TURN, STEP

- 1&2 Rock right foot to right side, recover weight onto left foot, step right foot across left
- 3&4 Rock left foot to left side, recover weight onto right foot, step left foot across right
- 5&6& Rock right foot to right side, recover weight onto left foot, step right foot across left, step on left foot as you quarter turn to the right
- 7&8 Scuff right foot behind left, hitch right knee as you quarter turn to the right (with a small hop on the left to help you turn), step right foot to right side

## ROCK FRONT, SIDE, SAILOR CROSS, ROCK FRONT, SIDE, SAILOR CROSS

- 1&2& Rock left foot in front of right, recover weight onto right foot, rock left foot to left side, recover weight onto right foot
- 3&4 Step left foot behind right, step right foot to right side, step left foot in front of right
- 5&6& Rock right foot in front of left, recover weight onto left foot, rock right foot to right side, recover weight onto left foot
- 7&8 Step right foot behind left, step left foot to left side, step right foot in front of left

## PIVOT ½ TURN, SHUFFLE ½ TURN, ROCK, STEP, HITCH ¼ TURN, SLIDE, TOUCH

- 1-2 Step left foot in front of right, pivot ½ turn onto right foot
- 3&4 Shuffle forward on left, right, left as you ½ turn to the right
- 5&6& Rock right foot behind left, recover weight onto left foot, step right foot in front of left, hitch left knee as you quarter turn to the right (with a small hop on the right to help you turn)
- 7-8 Step left foot (wide) to left side, slide right foot towards left (ending with right toe touching next to left)

## REPEAT

## TAG

Danced once, after the third wall (you will be facing 3:00)

## SHUFFLE, PIVOT TURN, SHUFFLE, PIVOT TURN

- 1&2 Step right foot in front of left, step left foot next to right, step right foot in front of left
- 3-4 Step left foot in front of right, pivot ½ turn onto right foot
- 5&6 Step left foot in front of right, step right foot next to left, step left foot in front of right
- 7-8 Step right foot in front of left, pivot ½ turn onto left foot