

# East To West

拍數: 96      牆數: 2      級數: Improver  
編舞者: Larry Hayden (UK)  
音樂: Coast to Coast - Modern Talking



## SIDE TOGETHER, CHASSE TURN ¼, PIVOT TURN ½, SHUFFLE FORWARD

1-2      Step right to side, step left together  
3&4      Chassé to side turning ¼ right and step right, left, right  
5-6      Step left forward, turn ½ right (weight to right)  
7&8      Shuffle forward left, right, left

## ROCK & CROSS TWICE, CROSS BACK, BACK (3 COUNTS OF A JAZZ BOX), CROSS

1&2      Rock right to side, recover onto left, cross right over left  
3&4      Rock left to side, recover onto right, cross left over right  
5-6      Cross right over left, step left back  
7-8      Step right to side, cross left over right

## BACK, BACK, COASTER, ROCK SHUFFLE TURN ½

1-2      Step right back, step left to side  
3&4      Coaster step right, left, right  
5-6      Rock left forward, recover on right  
7&8      Shuffle back turning ½ left and step left, right, left

## ROCK TURN ¼, CROSS SHUFFLE, TURN ½, CROSS SHUFFLE

1-2      Turn ¼ left and rock right to side, recover onto left  
3&4      Cross right over left, step left to side, cross right over left  
5-6      Turn ¼ right and step left back, turn ¼ right and step right to side  
7&8      Cross left over right, step right to side, cross left over right

## MONTEREY TURN ½ TWICE

1-2      Touch right to side, turn ½ right and step right together  
3-4      Touch left to side, step left together  
5-6      Touch right to side, turn ½ right and step right together  
7-8      Touch left to side, step left together

## KICK BALL STEP, STEP TOUCH BEHIND TWICE RIGHT THEN LEFT

1&2      Kick right forward, step right together, step left forward  
3-4      Step right forward, touch left behind  
5&6      Kick left forward, step left together, step right forward  
7-8      Step left forward, touch right behind

## ROCK RECOVER, 2 X ½ SHUFFLES, ROCK RECOVER

1-2      Rock right forward, recover to left  
3&4      Shuffle back turning ½ right and step right, left, right  
5&6      Shuffle forward turning ½ right and step left, right, left

### Or just 2 shuffles back right, then left

7-8      Rock right back, recover to left

## CROSS SIDE, SAILOR WITH A DIG, STEP TWICE RIGHT THEN LEFT

1-2      Cross right over left, step left to side  
3&4&      Cross right behind left, step left to side, touch right heel forward, step right together

5-6 Cross left over right, step right to side  
7&8& Cross left behind right, step right to side, touch left heel forward, step left together

**CROSS ROCK RECOVER, CHASSE, CROSS ROCK RECOVER, SAILOR TURN ½**

1-2 Cross/rock right over left, recover to left  
3&4 Chassé to side stepping right, left, right  
5-6 Cross/rock left over right, recover to right  
7&8 Sailor step turning turn ½ left and step left, right, left

**CROSS ROCK RECOVER, CHASSE, CROSS ROCK RECOVER, SAILOR TURN ½**

1-2 Cross/rock right over left, recover to left  
3&4 Chassé to side stepping right, left, right  
5-6 Cross/rock left over right, recover to right  
7&8 Sailor step turning turn ½ left and step left, right, left

**CHASSE, ROCK BACK RECOVER, KICK BALL CROSS TWICE**

1&2 Chassé to side stepping right, left, right  
3-4 Rock left back, recover to right  
5&6 Left kick ball cross  
7&8 Left kick ball cross

**CHASSE, ROCK BACK RECOVER, KICK BALL CROSS TWICE**

1&2 Chasse to side stepping left, right, left  
3-4 Rock right back, recover to left  
5&6 Right kick ball cross  
7&8 Right kick ball cross

**REPEAT**

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