

Double Boom

拍數: 40 牆數: 1 級數: Intermediate
編舞者: Gemma Chaloner (UK)
音樂: Boom, Boom, Boom, Boom!! - Vengaboys



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| 1&2 | Right cross shuffle to the left |
| 3-4 | Rock to the right and then back to the left |
| 5 | Make ½ turn to the left as you put your right foot down |
| 6 | Make ½ turn to the left as you touch your right foot down |
| 7 | Pivot ½ turn to the right on the ball of your left foot and put your weight on your right foot |
| 8&9 | Left sailor shuffle |
| 10&11 | Vaudeville step - cross right over left, step with your left foot to the left and place your right heel forward diagonally |
| 12 | Step your right foot next to your left and place your left heel forward diagonally |
| &13 | Rock forward on right and back on your left |
| 14 | Place left heel forward diagonally |
| &15 | Rock forward on right and back on your left |
| 16&17 | Rock to the right and back to the left as you kick your right foot forward diagonally across your left foot |
| 18&19 | Rock to your right side on your right and back on to your left |
| 20&21 | Lock right foot behind left and unwind ½ turn to your right |
| 22-23 | Roll your left knee to the left and then your right knee to the right |
| 24 | Jump to the right |
| 25-26 | Rock forward on your right and then back on your right |
| 27-29 | Kick your right foot forward and then to the side and then back and put your weight on it |
| 30-32 | Kick your left foot forward and then to the side and then back and put your weight on it |
| 33-34 | Monterey turn to your right |
| 35-36 | Rock forward on your right and back on your right |
| 37-38 | Monterey turn to the right |
| 39 | Jump forward both feet together |
| 40 | Jump back both feet together |

REPEAT

TAG

When you start the dance for the fifth time on count 24 jump to the right as usual and then go straight into the tag which is:

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|-----|---|
| 1 | Stomp your right foot and punch down with your right arm at the same time |
| 2 | Stomp your left foot and punch down with your left arm at the same time |
| 3&4 | Shuffle to the right |
| 5&6 | Shuffle to the left |

Have fingers like guns and hold them next to your hips and move them as you shuffle

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|-------|--|
| 7&8 | Shuffle to the right |
| 9&10 | Shuffle to the left |
| 11-14 | March right, left, right, left |
| 15&16 | Shuffle to the right with optional hand movements |
| 17&18 | Left shuffle to the left with hand movements again |

19&20	Step to the right and slide your left foot to your right and step to the right while at the same time make 2 lasso swings with your right hand
21&22	Step to the left, slide your right foot to your left and step to the left while at the same time again making two lasso swings with your right arm
23&24	Right kick ball touch
25&26	Left kick ball touch
27	Pivot $\frac{1}{4}$ of a turn to your left
28	Pivot $\frac{1}{4}$ of a turn to your left
