

Double D Cha

拍數: 44 牆數: 4 級數: Improver
編舞者: Jim Dodd (USA) & Joan Dodd (USA)
音樂: Baby's Got Her Blue Jeans On - Mel McDaniel



FORWARD AND BACKWARD BASIC CHA-CHA'S

- 1-4 Rock forward onto right foot. Recover onto left and cha (step, step, step in place completing all three steps in two beats of music).
5-8 Rock back on left. Recover onto right and cha.

SAND STEP

- 9-12 Sand step (touch right toe alongside left, touch right heel out at about 45 degrees, then step across in front of left taking weight, shift weight to left then back to right making the three weight changes in two beats of music).

SAND STEP WITH ½ TURN RIGHT

- 13-16 Touch left toe alongside right, touch left heel out at about 45 degrees, then step left, right, left turning right ½. The left, right, left steps are completed in two beats of music.

BACKWARD BASIC CHA

- 17-20 Rock back on right, recover and cha.

CROSSING CHA'S RIGHT AND LEFT

- 21-24 With left foot, cross in front of right and take weight. Recover onto right and cha.
25-28 With right foot, cross in front of left and take weight. Recover onto left and cha.

FORWARD BASIC CHA AND BACKWARD BASIC WITH ½ LEFT TURN

- 29-32 Rock forward on left, recover and cha.
33-36 Rock back on right, recover turning left ½ and cha.

BACKWARD BASIC CHA WITH ¼ RIGHT TURN AND TWO LEFT ¼ TURNS

- 37-40 Rock back on left, recover turning ¼ to right and cha.
41-44 With weight on left foot, do two ¼ left turns (step forward on right, turn left ¼ shifting weight back to left and repeat).

REPEAT
