Dr Jones

級數: Improver

編舞者: Anne Braddon

音樂: Doctor Jones - Aqua

Sequence: Part A is danced to the Chorus: Part B to the verse. (I)(I)ABBBABBABBAB(E)

INTRODUCTION (OPTIONAL)

拍數: 0

1-2	Right arm out in front palm downwards
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- 3-4 Left arm out in front palm downwards
- 5-6 Rotate right hand and arm to palm upwards
- 7-8 Rotate left hand and arm to palm upwards
- 9-10 Right hand and arm down to line dance position
- 11-12 Left hand and arm down to line dance position
- 13-16 Shimmy/twist on the spot twice

PART A		
First time dance only steps 1-16		
1-2	Shuffle forward right	
3-4	Shuffle forward left	
5-6	Shuffle forward right	
7-8	Shuffle forward left	
9	Jump feet astride	
10	Jump feet crossed (right over left)	
11	Jump half turn to left feet astride	
12	Jump feet together	
13	Jump feet astride	
14	Jump feet crossed (right over left)	
15	Jump half turn to left feet astride	
16	Jump feet together	
17-18	Shuffle back right	
19-20	Shuffle back left	
21-22	Shuffle back right	
23-24	Shuffle back left	
25	Jump feet astride	
26	Jump feet crossed (right over left)	
27	Jump half turn to left feet astride	
28	Jump feet together	
29	Jump feet astride	
30	Jump feet crossed (right over left)	
31	Jump half turn to left feet astride	
32	Jump feet together	

PART B

1-2-3	Heels forward and back right, left, right
4	Keep right forward clap
5-8	Grapevine right clap
9-12	Grapevine left clap
13-14	Shuffle forward right
15-16	Rock forward on left and back on right





牆數:1

17-18 Shuffle back left 19-20 Rock back on right and forward on left Shuffle forward right 21-22 Left foot pivot half turn to right 23-24 Left foot pivot half turn to right 25-26 Jump feet astride 27 Jump feet crossed (right over left) 28 29 Jump feet astride 30 Jump right slightly forward 31-32 Grind on the spot

END (FADE OUT) Raise up both arms to above head and drop to sides once