Don Don The Lights!



拍數: 0 牆數: 2 級數: Intermediate

編舞者: Don Deyne (USA)

音樂: Dim, Dim the Lights - Bill Haley



Sequence: ABAB, ACAD, ABAC, ADAB, ABEA, Ending

This dance is a modified version of Don Deyne's "Shaggin' the Line" ", modified by Jim Hart

PART A

LEFT COASTER, RIGHT BEHIND ANCHOR, LEFT BEHIND, SIDE RIGHT, LEFT ACROSS, RIGHT KICK

1&2 Step slightly forward left, step together right, step slightly back left

3&4 Step right behind left, step left in-place, step right in place

5-6 Bring left foot around in an arc and step left behind right, side step right

7-8 Step left across right, kick right toe to right side

RIGHT ACROSS, HOLD & LEFT TOGETHER, RIGHT ACROSS, HOLD & LEFT TOGETHER, RIGHT ACROSS, KICK LEFT, LEFT ACROSS, UNWIND RIGHT

1-2& Step right across left, hold, step together left with toe near right heel
 3-4& Step right across left, hold, step together left with toe near right heel

5-6 Step right across left, kick left toe to left side

7-8 Cross left across right, unwind ½ turn right keeping weight on right

LEFT BEHIND ANCHOR, RIGHT BEHIND ANCHOR, LEFT BEHIND, ROCK RIGHT, STEP LEFT/PIVOT RIGHT, STEP RIGHT

Step left behind right, step right in-place, step in-place left Step right behind left, step left in-place, step right in place

5-6 Step left behind right, step forward onto right in-place (prep for full right turn)

7 Step forward onto left toe and begin full right pivot

8 Finish full turn and step together right

PART B

FREEZE TAG

1-4 Stomp left forward and *freeze* in place

5-7 Move hips in a circular motion

Direction and exaggeration are up to the individual, but weight must end on right

8 Flick kick left forward

PART C

STEP TOUCHES TAG

1-2 Step forward left, touch right toe together
3-4 Step back right, touch left toe together
5-6 Step back left, touch right toe together

7&8 Step forward right, step back onto left in-place, step forward onto right in-place

PART D SUZY-Q TAG

2

3

1	Step ball	of left to	left side,	weight on bal	of left and	heel of right,	left toes pointing	10:00 and

right toes pointing 2:00
Step right heel to left side, weight on right heel and ball of left, left toes pointing 2:00 and right

Step right heel to left side, weight on right heel and ball of left, left toes pointing 2:00 and right toes pointing 10:00

Step ball of left to left side, weight on ball of left and heel of right, left toes pointing 10:00 and

right toes pointing 2:00

4	Step right heel to left side, weight on right heel and ball of left, left toes pointing 2:00 and right toes pointing 10:00
5	Step ball of left to left side, weight on ball of left and heel of right, left toes pointing 10:00 and right toes pointing 2:00
6	Step right heel to left side, weight on right heel and ball of left, left toes pointing 2:00 and right toes pointing 10:00
7	Step ball of left to left side, weight on ball of left and heel of right, left toes pointing 10:00 and right toes pointing 2:00
8	Step right heel to left side, weight on right heel and ball of left, left toes pointing 2:00 and right toes pointing 10:00

PART E

MAMBO STEPS TAG

1-4 Rock forward on left, back on right, step left beside right, hold 5-8 Rock back on right, forward on left, step right beside left, hold 9-12 Rock forward on left, back on right, step left beside right, hold 13-16 Step back on right and hold, clap on beat 16

PART C ENDING TAG

1-4 Rock forward on left, back on right, step left beside right, hold 5-8 Rock back on right, forward on left, step right beside left, hold

9 Step forward on left (song ends here)

We usually point our hands out sideways here like we're surfing