

Don't Stop Movin'

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: David Camm (AUS)
音樂: Don't Stop Movin' - S Club 7



- 1&2 With weight even twist heels out, twist heels in, hitch left leg
3&4 Place left foot in place as you twist heels out, twist heels in, hitch right leg
5-6-7 Step right to right side, drag left together for two beats
&8 Stomp left next to right twice
- 9&10 With weight even bend knees down, up, down
11&12 With weight even jump $\frac{1}{4}$ turn left, with weight even jump $\frac{1}{4}$ turn left, with weight even jump $\frac{1}{2}$ turn left (these jumps should travel slightly left)
- 13&14 Repeat beats 9&10
15&16 Repeat beats 11&12
- If you have trouble with these jumps simply step left to left, step right together, bounce knees down up down and repeat**
- 17&18 Shuffle forward right left right
19&20 Turn $\frac{1}{4}$ turn left shuffle forward left right left
21&22 Shuffle forward right left right
23&24 Turn $\frac{1}{4}$ turn left shuffle forward left right left
- 25-26 Rock right to right side, rock back on to left
27-28 Cross right over left, point left toe to left side
29-30 Sway hip to left and take weight, swing hips back to right
- 31&32 Step left next to right, with feet together jump forward, with feet together jump forward

REPEAT

TAG

At the end of walls 4, 8 & 12 add tag

- 1&2 With feet together jump back, jump back
3&4 With feet together jump forward, jump forward

RESTART

Restart dance on wall 5 after the 16th count.