A Devil In Me



拍數: 64 牆數: 4 級數: Intermediate/Advanced

編舞者: Kate Sala (UK)

音樂: Diavolo In Me (A Devil In Me) - Zucchero & Solomon Burke



HITCH & HEEL & WALK, WALK, KICK BALL CROSS, RIGHT CHASSE

1&2 Hitch right knee, step back on right, dig left heel forward

&3-4 Step left back in place, walk forward on right, left

5&6 Kick right to right diagonal, step on right in place, cross step left over right

7&8 Step right to right side, step left next to right, step right to right side

SAILOR STEP, CROSS BEHIND, UNWIND FULL TURN, SIDE ROCK, SAILOR STEP 1/2 TURN

1&2 Cross step left behind right, step right to right side, step left in place

3-4 Cross step right behind left, unwind full turn right 5-6 Rock left out to left side, rock on right in place

7&8 Turn ¼ left stepping back on left, turn ¼ left stepping right in place, small step forward on left

RIGHT CHASSE, COASTER STEP, KICK & TOUCH BACK, SWIVEL ½ TURN

1&2 Step right to right side, step left next to right, step right to right side

Step back on left, step right next to left, step forward on left Kick right forward, step right in place, touch left toe back

7&8 Swivel heels right, left, right while completing ½ turn left, (weight remaining back on right)

COASTER STEP, SIDE ROCK & CROSS, SWEEP ½ TURN RIGHT, KNEE POPS

1&2 Step back on left, step right next to left, step forward on left

3&4 Side rock right out to right side, step left in place, cross step right over left

5-6 Sweep left round into ½ turn right, touch left next to right 7-8 Pop right knee forward, recover, pop left knee forward

For the first restart only after left knee pop, push left heel down on count & and start again

TOE STRUT, TOE STRUT ACROSS, SIDE ROCK WITH DIP, 1/2 TURN CHASSE

1-2-3-4 Toe strut left to left side, toe strut right over left

5-6 Rock on left to left side bending the knees and pushing hip out to left, recover on to right

7&8 Turn ½ left stepping left to left side, step right next to left, step left to left side

Ending facing the front & traveling towards 9:00 wall

TOE STRUT ACROSS, TOE STRUT, CROSS ROCK WITH DIP, SHUFFLE 1/2 TURN

1-2-3-4 Toe strut right over left, toe strut left to left side

5-6 Rock right over left bending the knees into a dip, recover on to left

7&8 Step right to right side, step left next to right, turn ½ right stepping right across

Ending facing the back & traveling towards 3:00 wall

TOE STRUT, TOE STRUT ACROSS, SIDE ROCK WITH DIP, TRIPLE FULL TURN LEFT

1-2-3-4 Toe strut left to left side, toe strut right over left

5-6 Rock on left to left side bending the knees and pushing hips out to left, recover on to right

7&8 Triple full turn left on left, right, left, (on the spot,)

SIDE, TOUCH, TURN 1/4 LEFT, TOUCH, STEP FORWARD, TOUCH BEHIND, FULL UNWIND

1-2 Step right to right side, touch left next to right

3-4 Turn ¼ left stepping left to left side, touch right next to left

5-6 Step forward on right, touch left behind right7-8 Unwind full turn left transferring weight on to left

For the second restart at the end of the full unwind keep weight on right and start again from the first left toe strut

REPEAT

RESTART

On the 3rd wall, restart after 32 counts (after knee pops). The restart wall is classed as 4th wall Start the 7th wall from count 33 (that is, from the first toe strut)