

Diamonds Are Forever

拍數: 48 牆數: 2 級數:
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音樂: My Heart Is a Diamond - Claire Lynch



DIAMOND PATTERN

Imagine a baseball diamond, starting at home, going from 3rd to 2nd to 1st to home

- 1 Left step diagonally forward into $\frac{1}{4}$ turn left (3rd base)
- 2 Right step next to left
- 3 Left step next to right
- 4 Right step diagonally back into $\frac{1}{4}$ turn left (2nd base)
- 5 Left step next to right
- 6 Right step in place
- 7 Left step diagonally forward into $\frac{1}{4}$ turn left (1st base)
- 8 Right step next to left
- 9 Left step next to right
- 10 Right step diagonally back into $\frac{1}{4}$ turn left (home base)
- 11 Left step next to right
- 12 Right step in place

FORWARD, KICK, CROSS, BACK, TOGETHER, FORWARD

- 13 Left long step forward
- 14 Right kick forward
- 15 Right cross-step over left
- 16 Left step straight back
- 17 Right step next to left
- 18 Left step slightly forward

FORWARD, KICK, CROSS, BACK, TOGETHER, FORWARD

- 19 Right long step forward
- 20 Left kick forward
- 21 Left cross-step over right
- 22 Right step straight back
- 23 Left step next to right
- 24 Right step slightly forward

$\frac{1}{4}$ TURN, PIVOT $\frac{1}{2}$, $\frac{1}{4}$ TURN, CROSS, SIDE, TOUCH

Turn is a 3 count rolling turn to left

- 25 Left step left into $\frac{1}{4}$ turn left
- 26 Pivot $\frac{1}{2}$ on ball of left as you step back right
- 27 Left step back into $\frac{1}{4}$ turn left
- 28 Right cross-step over left
- 29 Left step left
- 30 Right touch next to left

$\frac{1}{4}$ TURN, PIVOT $\frac{1}{2}$, $\frac{1}{4}$ TURN, CROSS, SIDE, TOUCH

Turn is a 3 count rolling turn to right

- 31 Right step right into $\frac{1}{4}$ turn right
- 32 Pivot $\frac{1}{2}$ on ball of right as you step back left
- 33 Right step back into $\frac{1}{4}$ turn right
- 34 Left cross-step over right

- 35 Right step right
- 36 Left touch next to right

CROSS, ROCK BACK, FORWARD, CROSS, ROCK BACK, FORWARD

- 37 Left cross-step over right (right stays in place)
- 38 Right rock-step back (in place)
- 39 Left step straight forward
- 40 Right cross-step over left (left stays in place)
- 41 Left rock-step back (in place)
- 42 Right step straight forward

ROCK, RECOVER, PIVOT ½, PIVOT ½, PIVOT ½, FORWARD

- 43 Left rock-step forward (right stays in place)
- 44 Right rock-step back (in place)

Next 3 counts are ½ pivot turns moving backward toward opposite wall

- 45 Pivot ½ left on ball of right as you step forward left
- 46 Pivot ½ left on ball of left as you step back right
- 47 Pivot ½ left on ball of right as you step forward left
- 48 Right step slightly forward

REPEAT
