

Dino's Sway

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Doug Miranda (USA) & Julie Miranda (USA)
音樂: Sway - Dean Martin



CROSS ROCK LEFT OVER RIGHT, RECOVER, SWAY LEFT, RIGHT, LEFT; CROSS ROCK RIGHT OVER LEFT, RECOVER, SWAY RIGHT, LEFT, RIGHT

1-2 Cross rock left in front of right, recover weight back on right
3&4 Step left to left side while you sway hips left, right, left
5-6 Cross rock right in front of left, recover weight back on left
7&8 Step right to right side while you sway hips right, left, right

ROCK LEFT FORWARD, RECOVER, STEP LEFT BACK WHILE YOU SWAY BACK, FORWARD, BACK; ½ TURN RIGHT, ½ TURN RIGHT, BACK COASTER STEP

1-2 Rock left forward, recover weight on right
3&4 Step left back while you sway hips back on left, forward on right, back on left
5-6 Turn ½ turn right while stepping forward on right, turn ½ turn right while stepping back on left
7&8 Step right back, step left next to right, step right forward (back right coaster step)

STEP LEFT TO LEFT SIDE WHILE YOU SWAY HIPS LEFT THEN RIGHT, SIDE SHUFFLE TO LEFT, ROCK RIGHT ¼ TURN LEFT, RECOVER, SHUFFLE ½ TURN RIGHT

1-2 Step left to left side while you sway hips left, sway hips right shifting weight to right
3&4 Side shuffle to left, right, left to left side
5-6 Rock right forward ¼ turn left, recover weight to left
7&8 Turn ½ turn right shuffling forward right, left, right

PIVOT ½ TURN RIGHT, SHUFFLE FORWARD LEFT, RIGHT, LEFT, LONG STEP TO RIGHT, SLIDE LEFT NEXT TO RIGHT, TOUCH

1-2 Step left forward, pivot ½ turn right (weight to right)
3&4 Shuffle forward left, . Right, . Left
5-8 Step right long step to right side, slide left to right for 2 counts (counts 6-7), touch left next to right (count 8)

REPEAT