

Disco Funk

拍數: 32 牆數: 4 級數: Improver
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音樂: Shake Your Groove Thing - Peaches & Herb



SIDE STEP, CROSS TOUCH, SIDE STEP, CROSS TOUCH (REPEAT)

- 1 Right - step to side
- 2 Left - cross touch toe in front of right foot
- 3 Left - step to side
- 4 Right - cross touch toe in front of left foot
- 5 Right - step to side
- 6 Left - cross touch toe in front of right foot
- 7 Left - step to side
- 8 Right - cross touch toe in front of left foot

Styling: snap fingers on the cross touches

VINE (RIGHT) AND TOUCH, VINE (LEFT) AND TOUCH

- 9 Right - step to side
- 10 Left - cross step behind right foot
- 11 Right - step to side
- 12 Left - touch together (clapping hands)
- 13 Left - step to side
- 14 Right - cross step behind left foot
- 15 Left - step to side
- 16 Right - touch together (clapping hands)

Styling: nod your head (like you are saying yes) on the vines or do rolling vines and nod your head

STEP FORWARD - SIDE TOUCHES, STEP BACKWARD - SIDE TOUCHES

- 17 Right - step forward
- 18 Left - touch toe out to side
- 19 Left - step forward
- 20 Right - touch toe out to side
- 21 Right - step backward
- 22 Left - touch toe out to side
- 23 Left - step backward
- 24 Right - touch toe out to side

Styling: when touching out to sides, point upward with your left hand (think disco points)

CROSS STEP, BACK STEP, ¼ TURN (RIGHT), SIDE STEP, ½ PIVOT TURN (LEFT), WALK FORWARD

- 25 Right - cross step in front of left foot
- 26 Left - step backward
- 27 Right - turning ¼ turn right, step forward
- 28 Left - step to side
- 29 Right - step forward
- 30 On (balls of) both feet, pivot ½ turn left
- 31 Right - step forward
- 32 Left - step forward

REPEAT

TAG

When using "Shake Your Groove Thing" after the first repetition you will repeat counts 29-32 then start from

the beginning

When using "Shake Your Groove Thing", you can replace counts 1-8 and counts 17-24 with hip shakes, they will be singing "Shake your groove thing" just about every time you are doing this.
