Distant Desire

級數: Improver

牆數:4 編舞者: Jan Brookfield (UK)

音樂: Out of Reach - Gabrielle

PENDULUM SWITCHES, HEEL-BALL-CROSS, SIDE ROCK, CROSS SHUFFLE

- Point right toes to side, step on right in place, point left toes to side, step on left in place 1&2&
- 3&4 Tap right heel forward, step back slightly on right, step left across in front of right
- 5-6 Step right to side, rock weight onto left
- 7&8 Step right across in front of left, step left to side, step right across in front of left

TWO QUARTER-TURN PADDLES, ROCK STEP, THREE QUARTER TURNING TRIPLE

- 9-10 Step left to side, make a quarter paddle turn to right, transfer weight to right
- 11-12 Repeat steps for 9-10

You are now facing the back wall

- Step left across in front of right, rock back onto right 13-14
- 15&16 Shuffle on left, right, left making a three quarter turn over left shoulder

HEEL SWITCHES, HIP BUMPS, MODIFIED JAZZ BOX WITH HALF TURN SHUFFLE

- Tap right heel forward, step on right in place, tap left heel forward, step on left in place 17&18&
- 19&20& Small step forward on right, bumping hips forward, back, forward, back (weight ends on left)
- 21-22 Step right across in front of left, step back on left
- 23&24 Making a half turn over right shoulder, shuffle forward on right, left, right

SKATE, SKATE, DIAGONAL SHUFFLE, ROCK STEP, HALF TURN

- 25-26 Step left diagonally forward with skating motion, step right diagonally forward with skating motion
- 27&28 Shuffle diagonally forward on left, right, left
- 29-30 Rock forward on right, step back on left
- 31-32 Making a half turn to right, step forward on right, step left next to right

You are now facing a quarter left from original wall

REPEAT





拍數: 32