

D.M. Shuffle (P)

拍數: 72 牆數: 0 級數: Partner
編舞者: Nigel Besant & June Besant
音樂: Farewell Party - Alan Jackson



Position: Right side by side (Sweetheart) facing LOD. Steps are the same for both Man and Lady, except where stated

TOUCH & CROSSES (RIGHT & LEFT)

- 1-2 Touch right to right aide. Cross step right over left
- 3-4 Touch left to left side, cross step left over right
- 5-6 Touch right to right side, cross step right over left
- 7-8 Touch left to left side, cross step left over right

ROCK & RECOVER/COASTER STEP/ROCK & RECOVER/COASTER STEP

- 1-2 Rock forward on right, recover weight onto left
- 3&4 Step back on right, step left beside right, step forward on right
- 5-6 Rock forward on left. Recover weight onto right
- 7&8 Step back on left, step right beside left, step forward on left

MAN'S STEPS

- 1&2 Shuffle forward right-left-right
- 3&4 Shuffle forward left-right-left

Raise hands: man's right & lady's, right, as lady turns under arm. Arm will come down into open double cross hold. Lady's right hand in man's right, lady's left hand in man's left. Right hands should be crossed on top, with left hands underneath

- 5&6 Shuffle forward - right-left-right
- 7-8 Rock forward onto left, recover weight onto right

While shuffling RLOD, raise hands: man's right, lady's right with left hands still underneath, making a window position, pulling lady inwards

- 1&2 Shuffle back - left-right-left
- 3&4 Shuffle back - right-left-right
- 5&6 Shuffle back - left-right-left

Raise hands: man's right & lady's right, as lady turns back under arm. Man will bring lady back into side by side position (Sweetheart)

- 7-8 Rock back on right, recover weight onto left

LADY -SHUFFLE AROUND MAN (AROUND THE WORLD), MAN - TRIPLE STEP IN PLACE

Raise hands: man's right, lady's right, as lady goes around man

- 1-8 Triple step on the spot (starting on right) moving slightly forward (while lady travels around back), moving slightly back (as lady returns to man's side) with weight ending on left

Hands will remain together throughout turn, ending with arms being crossed in Skaters Position

SKATERS STEPS (TRAVELING FORWARD)

- 1-2 Step forward diagonally onto right at 45 degrees. Slide left up to right
- 3-4 Step forward diagonally onto left at 45 degrees, slide right up to left
- 5-6 Step forward diagonally onto right at 45 degrees. Slide left up to right
- 7-8 Step forward diagonally onto left at 45 degrees, slide right up to left

For the above steps use skaters styling

- 1&2 Triple step in place right-left-right

Raise hands: man's right & lady's right, as lady turns back under arm, arms will come down into open double

cross hold, lady's right in man's right left in man's left. Right hands should be crossed on top

3-4 Rock forward on left, recover weight onto right

5&6 Triple step in place left-right-left

Raise hands - man's right & lady's right as lady turns back under arm. Man will bring lady back into side by side (sweetheart)

7-8 Rock back on right recover onto left

SHUFFLE FORWARD (RIGHT & LEFT) JAZZ BOX WITH ¼ TURN

1&2 Shuffle forward right-left-right

3&4 Shuffle forward left-right-left

5-6 Cross step right over left, step back on left turning ¼ turn right (outwards)

7-8 Step right to right side, touch left beside right

1-2 Step left to left side, cross right behind left

3-4 Step left to left side, touch right beside left

Option if lady's do not wish to turn, do ordinary vines steps same as the man

5-6 Step right to right side, cross left behind right

7-8 Rock back on right, recover onto left

REPEAT

LADY'S STEPS

1&2 Shuffle forward right-left-right

3&4 Shuffle forward with ½ turn (inwards) left-right-left

Raise hands: man's right & lady's, right, as lady turns under arm. Arm will come down into open double cross hold. Lady's right hand in man's right, lady's left hand in man's left. Right hands should be crossed on top, with left hands underneath

5&6 Shuffle back - right-left-right

7-8 Rock back on left. Recover weight onto right

While shuffling RLOD, raise hands: man's right, lady's right

WITH LEFT HANDS STILL UNDERNEATH, MAKING A WINDOW POSITION, PULLING LADY INWARDS

1&2 Shuffle forward - left-right-left

3&4 Shuffle forward - right-left-right

5&6 Shuffle forward with ½ turn right (inwards) - left-right-left

Raise hands: man's right & lady's right, as lady turns back under arms. Man will bring lady back into side by side position (Sweetheart)

7-8 Rock back on right. Recover weight onto left

LADY -SHUFFLE AROUND MAN (AROUND THE WORLD), MAN - TRIPLE STEP IN PLACE

Raise hands: man's right, lady's right, as lady goes around man

1-8 Starting on right, turning left, shuffling around back of man, completing full circle around man to end facing LOD (weight ending on left & with right touching back)

Hands will remain together throughout turn, ending with arms being crossed in skaters position

SKATERS STEPS (TRAVELING FORWARD)

1-2 Step forward diagonally onto right at 45 degrees. Slide left up to right

3-4 Step forward diagonally onto left at 45 degrees, slide right up to left

5-6 Step forward diagonally onto right at 45 degrees. Slide left up to right

7-8 Step forward diagonally onto left at 45 degrees, slide right up to left

For the above steps use skaters styling

1&2 Shuffle forward with ½ turn left (inward) right-left-right

Raise hands: man's right & lady's right, as lady turns back under arm, arms will come down into open double cross hold, lady's right in man's right left in man's left. Right hands should be crossed on top

3-4 Rock back on left, recover weight onto right

5&6 Shuffle forward with ½ turn right (inward) left-right-left

Raise hands - man's right & lady's right as lady turns back under arm. Man will bring lady back into side by side (Sweetheart)

7-8 Rock back on right, recover onto left

SHUFFLE FORWARD (RIGHT & LEFT) JAZZ BOX WITH ¼ TURN

1&2 Shuffle forward right-left-right

3&4 Shuffle forward left-right-left

5-6 Cross step right over left, step back on left turning ¼ turn right (outwards)

7-8 Step right to right side, touch left beside right

1-2 Starting on left, turn ¾ turn to left

3-4 Step back on left touch right forward

Option if lady's do not wish to turn, do ordinary vines steps same as the man

5-6 Step forward on right making ½ turn right

7-8 Rock back on right, recover onto left

REPEAT
