Do A Little Dance (P)

拍數: 32 **牆數:** 0 **級數:** Partner

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: Baby Ain't Rocking Me Right - Mark Nesler

Position: Right open promenade, holding inside hands (man's right and lady's left)

ROCK STEP, PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, PIVOT, SIDEWAYS SHUFFLE

1-2 **MAN:** Step forward on right foot; rock back onto left foot
 LADY: Step forward on left foot; rock back onto right foot

Release inside hands (man's right and lady's left)

& **MAN:** Pivot ½ turn to the right on ball of left foot
 LADY: Pivot ½ turn to the left on ball of right foot

Man takes up lady's right hand in his left in the left open promenade position facing RLOD

3&4 **MAN:** Shuffle forward (right, left, right)
 LADY: Shuffle forward (left, right, left)

Release inside hands (man's left and lady's right)

5-6 **MAN:** Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot
 LADY: Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot

& **MAN:** Pivot ¼ turn to the right on ball of right foot
 LADY: Pivot ¼ turn to the left on ball of left foot

Partners now face each other, with lady slightly to the left of man. Man faces OLOD and lady faces ILOD. Man takes up lady's left hand in his left

7&8 **MAN:** Shuffle to the left (left, right, left)
 LADY: Shuffle to the right (right, left, right)

ROCK STEP, TURNING SHUFFLE (PARTNERS SWITCH SIDES), ROCK STEP, TURNING SHUFFLE (PARTNERS SWITCH SIDES)

9-10 **MAN:** Step back on right foot; rock forward onto left foot
 LADY: Step back on left foot; rock forward onto right foot

Release left hands. Lady passes in front of man with her back to his chest

11&12 **MAN:** Shuffle forward (right, left, right) making a ½ turn to the left on these steps
 LADY: Shuffle forward (left right, left) making a ½ turn to the right on these steps

Man takes up lady's right hand in his right. Partners have now switched sides

13-14 **MAN:** Step back on left foot; rock forward onto right foot
 LADY: Step back on right foot; rock forward onto left foot

Release right hands. Lady passes in front of man with her back to his chest

15&16 **MAN:** Shuffle forward (left, right, left) making a ¼ turn to the right on these steps
 LADY: Shuffle forward (right, left, right) making a ¼ turn to the left on these steps

Partners have now switched sides and are now back in the right open promenade position, holding inside hands (man's right and lady's left)

ROCK STEP, FORWARD SHUFFLE, STEP, BEHIND, PIVOT, FORWARD SHUFFLE

17-18 **MAN:** Step back on right foot; rock forward onto left foot
 LADY: Step back on left foot; rock forward onto right foot

19&20 **MAN:** Shuffle forward (right, left, right)
 LADY: Shuffle forward (left, right, left)

Release inside hands (man's right and lady's left)

21-22 **MAN:** Step to the left on left foot; cross right foot behind left and step
 LADY: Step to the right on right foot; cross left foot behind right and step

&	**MAN:** Pivot ¼ turn to the left on ball of right foot
	LADY: Pivot ¼ turn to the right on ball of left foot
23&24	**MAN:** Shuffle forward (left, right, left)
	LADY: Shuffle forward (right, left, right)

Man faces ILOD and lady faces OLOD

MILITARY PIVOT, FORWARD SHUFFLE, STEP, BEHIND, PIVOT, FORWARD SHUFFLE

| 25-26 | **MAN:** Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot |
| | **LADY:** Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right foot |

Man faces OLOD and lady faces ILOD

| 27&28 | **MAN:** Shuffle forward (right, left, right) |
| | **LADY:** Shuffle forward (left, right, left) |

Join both hands in a double hand held position

| 29-30 | **MAN:** Step to the left on left foot; cross right foot behind left and step |
| | **LADY:** Step to the right on right foot; cross left foot behind right and step |

Release man's left hand from lady's right

&	**MAN:** Pivot ¼ turn to the left on ball of right foot
	LADY: Pivot ¼ turn to the right on ball of left foot
31&32	**MAN:** Shuffle forward (left, right, left)
	LADY: Shuffle forward (right, left, right)

REPEAT