

Dancing Hearts Waltz

COPPER KNOB
STEPSHEETS

拍數: 42 牆數: 0 級數:
編舞者: Lorraine Hodges
音樂: Their Hearts Are Dancing - The Forester Sisters



Position: Holding inner hands facing LOD, Lady on opposite feet throughout

TURN ¼, TURN ¼

- 1-2 Left forward turning ¼ left, right to side
- 3-4 Step left next to right, right forward turning ½ right
- 5-6 Left to side, step right-next to left

HOLDING BOTH HANDS STEP TOGETHER, TURN STEP APART

- 1-2 Step left diagonally 1:00, step right next to left (sides together)
- 3-4 Step left next to right, step right, turning to the left ½
- 5-6 Step left, step right

- 1-2 Step left, step right
- 3-4 Step left, step right, turning to the right a full turn
- 5-6 Step left, step right

- 1-2 Step left, step right
- 3-4 Step left, (should now be in position before turning) step right diagonally back 7:00 to face each other, turning to the left ½
- 5-6 Step left next to right, step right next to left

SIDE CROSSES AND TURN (HOLDING HANDS OUTSTRETCHED)

- 1-2 Step side left, cross right behind left
- 3-4 Step side left, cross right behind left (release forward hands)
- 5-6 Left turn ¼ to LOD, right step forward LOD

CIRCLE & KICKS

- 1-2 Left toe forward, circle to left
- 3-4 Left toe forward, kick left to left
- 5-6 Kick left to right, kick left forward

Complete a full circle

FREE SPIN OUTWARDS FORWARD-LOCK STEP

- 1-2 Left turn left ¼, right turn left ½
- 3-4 Left turn left ¼ (holding inner hands) right step forward
- 5-6 Left lock behind right, right step forward

REPEAT
