A Deeper Love

拍數: 64

級數: Intermediate

編舞者: Yvonne Anderson (SCO)

音樂: A Deeper Love - Aretha Franklin

RIGHT SIDE, BEHIND, BALL-CROSS, SIDE, BEHIND, KICK-HITCH-CROSS

- 1-2 Step right to right, step left behind right
- &3& Step ball of right to right, step left across right
- 4-5 Step right to right, step left behind right
- &6& Step ball of right to right, step left across right
- 7&8 Kick right to side, hitch right knee in front of left, step right across left

Optional hands on 7&8 - throw both hands to right, bring both hands to chest, elbows pointing down, cross wrist in front of hips, fists clenched

LEFT BALL-CROSS, SIDE, BEHIND, BALL-CROSS, KICK-HITCH-CROSS, BALL-CROSS, STEP

- &1& Step ball of left to left, step right across left
- 2-3 Step left to left, step right behind left
- &4& Step ball of left to left, step right across left
- 5&6 Kick left to side, hitch left knee in front of right, step left across right
- &7-8& Step ball of right to right, step left across right, step right to right

Optional hands on 5&6 - throw both hands to left, bring hands to chest, elbows pointing down, cross wrists in front of hips, fists clenched

LEFT SAILOR, BEHIND UNWIND FULL TURN RIGHT, SIDE ROCK, RECOVER, LEFT SAILOR

- 1&2 Step left behind right, step right to right, step left to left
- 3-4 Touch right toes back, unwind full turn right

Easier option on 3-4 - touch right toes to right, step right beside left

- 5-6 Rock left to left, recover weight on right
- 7&8 Step left behind right, step right to right, step left to left

TOE SWITCHES RIGHT & LEFT, KICK-BALL-STEP, TWIST ¼ RIGHT, TWIST CENTER, KNEE-BALL-STEP

1&2	Touch right toes to right, step right beside left, touch left toes to left
&3&4&	Step left beside right, kick right forward, step right beside left, step left forward

- Bending knees twist 1/4 turn right, twist 1/4 left and straighten knees 5-6
- 7&8 Hitch right knee forward, step ball of right slightly back, step left forward

STEP ¼ LEFT, CROSS SHUFFLE, STEP ¼ LEFT, ½ LEFT, FORWARD LEFT SHUFFLE

- 1-2 Step right forward, make 1/4 turn left taking weight on left (9:00)
- 3&4 Step right across left, step left to left, step right across left (12:00)
- Make 1/4 turn right stepping left back, make 1/2 turn right stepping right forward (6:00) 5-6
- 7&8 Shuffle forward stepping left, right, left

RIGHT MAMBO FORWARD, LEFT COASTER, STEP- FULL TURN LEFT- STEP, ¾ TURN LEFT TRIPLE STEP

- 1&2 Rock right forward, recover weight on left, step right beside left
- 3&4 Step left back, step right beside left, step left slightly forward
- 5&6 Step right forward, on ball of left make 1/2 turn left, make a 1/2 turn left stepping back on right

Easier option on 5&6 - right mambo forward

- Make ³/₄ turn left stepping left, right left (9:00) 7&8
- Restart from here on wall two only





牆數:4

SKATE FORWARD RIGHT & LEFT, FORWARD RIGHT & LEFT SHUFFLES, SYNCOPATED MONTEREY $\frac{1}{2}$ TURN RIGHT

- 1-2 Skate forward right, skate forward left
- 3&4 Shuffle forward stepping right, left, right
- 5&6 Shuffle forward stepping left, right left
- 7&8 Touch right toes to right, making ½ turn right step right beside left, touch left toes to left (3:00)

CROSS POINT, CROSS POINT, KNEE HITCH, POINT, BEHIND UNWIND ½ TURN LEFT

- 1-2 Step left forward and across right, point right toes to right
- 3-4 Step right forward and across left, point left toes to left
- 5-6 Hitch left knee forward and across right, touch left toes to left
- 7-8 Touch left toes behind right, unwind ¹/₂ turn left taking weight on left (9:00)

REPEAT

RESTART

Restart during wall 2 following count 48