

拍數: 64 牆數: 4 級數: Intermediate

編舞者: Adrian Churm (UK) 音樂: Things - Robbie Williams



WEAVE RIGHT, ROCK CROSS, WEAVE LEFT, ROCK CROSS

1-4	Step right foot to the side, step left behind right, step right foot to the side, step left in front
	right

5-8 Step right foot to the side, replace weight onto left foot, step right in front of left, hold

Step left foot to the side, step right behind left, step left foot to the side, step right in front of 1-4

5-8 Step left foot to the side, replace weight onto right foot, step left in front of right, hold

Rhythm QQQQ QQS QQQQ QQS

SWAY, TWO SAILOR STEPS, HEEL TURN MAKING A QUARTER LEFT

1-4	Step right foot to the right side, sway body to right, replace weight onto left, sway back to center
5-8	Step right behind left, step left foot to the side, step right foot to right side, hold
1-4	Step left behind right, step right foot to the side, step left foot to left side, hold
5-8	Step right foot back allowing left foot to draw up to right foot over two counts, with feet together make a ½ turn left on both heels over two counts

Rhythm SS QQS QQS SS

LOCK STEPS FORWARD, SYNCOPATED ROCK HALF TURN, SHUFFLE HALF TURN

1-4	Step right foot forward, cross left behind right, step right foot forward, hold
5-8	Step left foot forward, cross right behind left, step left foot forward, hold
1-4	Step right foot forward & across left, rock back onto left foot and make a half turn right, step
	forward with right foot, hold
5-8	Make a quarter turn right and step left foot to the left side, close right foot to left, make a

Make a quarter turn right and step left foot to the left side, close right foot to left, make a

quarter turn right and step left foot back, hold

Rhythm QQS QQS QQS QQS

LOCK STEPS BACK, COASTER STEP, ROCK FORWARD & TOUCH

1-4 Step right foot back, hold, cross left foot in t	ront of right, hold
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5-8 Step right foot back, cross left foot in front of right, step right foot back, hold

1-4 Step left foot back, close right to left, step left foot forward, hold

5-8 Step right foot forward, rocks back onto left, touch right foot next to left, hold

Rhythm SS QQS QQS QQS

REPEAT