Curly Top Polka (P)



拍數: 32 牆數: 0 級數: Partner

編舞者: Paula Frohn (USA) & Michael Silva (USA)

音樂: Coalmine - Sara Evans



Position: Start Facing OLOD, man behind lady, hands attached at shoulder level

SHUFFLE TO LOD, WINDMILL, SHUFFLE

1&2 Release left hands and raise right hands over lady's head, turn ¼ left toward LOD and shuffle

forward left-right-left

3&4 Turn ½ left, shuffle back right-left-right

5&6 Pick up the left hands and release the right hands, turn ½ left, shuffle forward left-right-left

7&8 Pick up right hands, shuffle forward right-left-right

MAN: TURN LADY TO FACE WHILE STEPPING IN PLACE, LEAD LADY BEHIND TO LEFT SIDE / LADY: OUTSIDE TURN TO FACE MAN, TRAVEL BEHIND TO MAN'S LEFT SIDE

MAN:

9-11 Raise left hands over lady's head, turn ¼ right to face lady stepping in place left, right, left

12 Touch right heel forward now facing lady in cross arm position to OLOD

13 Raise left hands over his head, right hands at waist level, turn ¼ left, step right foot to right

side

14-16 Step left foot next to right foot, step right foot to right side, touch left heel forward now facing

LOD

LADY:

9-12 Turn ¾ right to face man stepping left-right-left, touch right heel forward

13-16 Walk behind man to his left side right-left-right, touch left heel forward now facing LOD

MAN: LEAD LADY BEHIND TO RIGHT SIDE THEN INTO A INSIDE TURN / LADY: TRAVEL BEHIND TO MAN'S RIGHT SIDE, INSIDE TURN

MAN:

17 Keep left hands at waist level and raise right hands, step left foot to left side

18-19 Step right foot next to left foot, step left foot to left side

20 Touch right heel forward

21-23 Release left hands, walk forward right-left-right

24 Scuff left foot forward pick up left hands

LADY:

17-19 Step left foot behind right foot, step right foot to right side, step left foot next to right foot

20 Touch right heel forward

21 Release left hands, turn ½ left step right foot back 22-23 Turn ½ left, step left foot forward, step right foot forward

24 Scuff left foot forward pick up left hands

BOTH: TURN ¼ RIGHT INTO VINE WITH ½ TURN LEFT, BRUSH VINE WITH ½ TURN RIGHT, BRUSH

25-27 Turn ¼ right, step left foot to left side, step right foot behind left foot, step ¼ turn left with right

foot

28 Release left hands and raise right hands over her head, turn ¼ left and brush right foot next

to left foot

29-30 Step right foot to right side, step left foot behind right foot

31 Raise right hands over lady's head, turn ¼ right and step right foot forward

32 Turn ¼ right and scuff left foot next to right foot

REPEAT

Variation for steps 25- 32:

Variation for stope 20 °02.	
25&26&	Turn ¼ right, step left foot to left side, step right foot next to left foot, step left foot to left side, step right foot next to left foot
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27&28	Step left foot to left side, step right foot next to left foot, step left foot to left side
&	Drop left hands and raise right hands over her head, keep weight on left foot, hitch right knee and turn $\frac{1}{2}$ left
29&30&	Step right foot to right side, step left foot next to right foot, step right foot to right side, step left foot next to right foot
31&32	Step right foot to right side, step left foot next to right foot, step right foot to right side
&	Raise right hands over lady's head, keeping weight onto right foot, hitch left knee and turn ½ right