D-Lo's Party



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Dee Musk (UK) & Lauren Caulfield (UK)

音樂: Get the Party Started - P!nk



OUT, OUT, IN, IN, RIGHT KICK AND POINT, CROSS, UNWIND 1/2 TURN, HIP FORWARD AND BACK

81&2 Step out right, step out left, step in right, step in left
3&4 Right kick, step right next to left and point left to left side
5-6 Cross left over right and unwind ½ turn right (weight on left)

7&8 Right hip forward, right hip center, right hip back. (in a 'C' motion - weight remaining on the

left foot)

RIGHT SHUFFLE, LEFT ROCK, ½ TRIPLE TURN LEFT, RIGHT KICK OUT, OUT

1&2 Right shuffle forward

3-4 Rock forward on left, recover on right 5&6 Triple ½ turn left, stepping, left, right, left

7&8 Kick right forward, step out right, step out left (weight on left foot)

KNEE POPS WITH ¼ TURN LEFT, HOLD, STEP & STEP, (MOVING SLIGHTLY FORWARD WITH ATTITUDE), & HEEL AND TOUCH

1-2 Pop right knee in, pop left knee in

3-4 ½ turn left, placing weight on left foot, hold count 4

5&6 Step right up to left pushing left hip forward, step slightly forward on left pushing right hip

back, step right foot up to left pushing left hip forward (don't take big steps you only move

forward slightly, but with attitude!)

&7&8 Step back slightly on right, put left heel diagonally forward, bring left foot back to place, and

touch right next to left

1/4 PADDLE TURNS LEFT TWICE, STEP TOUCH TWICE

1-2 Step right forward, ¼ turn left placing weight on to left

3-4 Repeat steps 1-2

5-6 Step right, touch left next to right. (with attitude)
7-8 Step left, touch right next to left. (with attitude)

REPEAT