Da Coconut Tree (P)

拍數: 32

級數: Partner Circle

編舞者: Rick Bates (USA) & Deborah Bates (USA)

音樂: Coconut - Smile.Dk

牆數:0

Position: Right Open Promenade, holding inside hands (Man's Right and Lady's Left)

MAN

TOE TAPS, COASTER STEP, ROCK STEP, PIVOT, FORWARD SHUFFLE		
1-2	Tap left toe forward and diagonally to the right; tap left toe forward and diagonally to the left	
3&4	Step back on left foot; step right foot next to left; step forward on left foot	
5-6	Step forward on right foot; rock back onto left foot	
Release inside hands (man's right and lady's left)		
&	Pivot ½ turn to the right on ball of left foot	
-	ady's right hand in his left in the left open promenade position facing RLOD	
7&8	Shuffle forward (right, left, right)	
Release inside hands (man's left and lady's right)		
MILITARY PIVOT, PIVOT, SIDE SHUFFLE, ROCK STEP, SYNCOPATED SIDE ROCK, CROSS		
9-10	Step forward on left foot; pivot ½ turn to the right on ball of left foot and shift weight to right	
	foot	
&	Pivot 1/4 turn to the right on ball of right foot	
Partners now facing each other. Join hands in the double hand hold position. Man faces OLOD and lady		
faces ILOD		
11&12	Side shuffle to the left (left, right, left)	
13-14	Step back on right foot; rock forward onto left foot	
15&16	Step to the right on right foot; rock to the left onto left foot; cross right foot over left and step	
SIDE, BEHIND, TURNING SHUFFLE, STEP, SLIDE, FORWARD SHUFFLE		
17-18	Step to the left on left foot; cross right behind left and step	
Release man's left hand from lady's right		
&	Pivot ¼ turn to the left on ball of right foot	
19&20	Shuffle forward (left, right, left)	
Partners now facing LOD in the right open promenade position, holding inside hands (man's right and lady's left)		
21-22	Step forward on right foot; slide left next to right	
23&24	Shuffle forward (right, left, right)	
	PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, FORWARD SHUFFLE	
25-26	Step forward on left foot; rock back onto right foot	
Release inside hands (man's right and lady's left). Partners turn away from each other		
&	Pivot ½ turn to the left on ball of right foot	
27&28	Shuffle forward (left, right, left)	
29-30	Step forward on right; pivot $\frac{1}{2}$ turn to the left on ball of right foot and shift weight to left foot	
31&32	Shuffle forward (right, left, right)	
Rejoin inside ha	ands (man's right and lady's left) as partners return to the right open promenade position	

REPEAT

LADY

TOE TAPS, COASTER STEP, ROCK STEP, PIVOT, FORWARD SHUFFLE

Tap right toe forward and diagonally to the left, tap right toe forward and diagonally to the 1-2 right





3&4 Step back on right foot; step left foot next to right; step forward on right foot

5-6 Step forward on left foot; rock back onto right foot

Release inside hands (man's right and lady's left)

& Pivot ¹/₂ turn to the left on ball of right foot

Man takes up lady's right hand in his left in the left open promenade position facing RLOD

7&8 Shuffle forward (left, right, left)

Release inside hands (man's left and lady's right)

MILITARY PIVOT, PIVOT, SIDE SHUFFLE, ROCK STEP, SYNCOPATED SIDE ROCK, CROSS

- 9-10 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
- & Pivot ¼ turn to the left on ball of left foot

Partners now facing each other. Join hands in the double hand hold position. Man faces OLOD and lady faces ILOD

- 11&12 Side shuffle to the right (right, left, right)
- 13-14 Step back on left foot; rock forward onto right foot
- 15&16 Step to the left on left foot; rock to the right onto right foot; cross left foot over right and step

SIDE, BEHIND, TURNING SHUFFLE, STEP, SLIDE, FORWARD SHUFFLE

17-18 Step to the right on right foot; cross left foot behind right and step

Release man's left hand from lady's right

& Pivot ¼ turn to the right on ball of left foot

19&20 Shuffle forward (right, left, right)

Partners now facing LOD in the right open promenade position, holding inside hands (man's right and lady's left)

- 21-22 Step forward on left foot; slide right foot next to left
- 23&24 Shuffle forward (left, right, left)

ROCK STEP, PIVOT, FORWARD SHUFFLE, MILITARY PIVOT, FORWARD SHUFFLE

25-26 Step forward on right foot; rock back onto left foot

Release inside hands (man's right and lady's left). Partners turn away from each other

& Pivot ½ turn to the right on ball of left foot

- 27&28 Shuffle forward (right, left, right)
- 29-30 Step forward on left: pivot ½ turn to the right on ball of left foot and shift weight to right foot 31&32 Shuffle forward (left, right, left)

Rejoin inside hands (man's right and lady's left) as partners return to the right open promenade position

REPEAT