Daddy You're My Hero



拍數: 0 牆數: 1 級數: Intermediate

編舞者: Trinity Chan (MY)

音樂: Daddy You're My Hero - KB Chan



Sequence: A,B1, B2, A, B1, B2, C1, A, B1, B2, A, B1, B2, C2, B1, B1, B1, B1 You can listen to this music at Pastor KB Chan's website (http://www.kbchan.net)

PART A

RIGHT DIAGONAL LUNGE, RECOVER, RIGHT SAILOR, STEP 1/4 TURN LEFT, LEFT FOOT LUNGE, RECOVER, LEFT SAILOR

	•	
1-2	Lunge diagonally right foot forward, recover to the left	

3&4 Cross step right behind left, step left to side, step right to right side

5-6 Turn ¼ left, lunge left foot forward, recover to the right

7&8 Cross step left behind right, step right to side, step left to left side

STEP PIVOT ½ TURN LEFT, RIGHT LOCK STEP, ROCK RECOVER, ¼ TURN LEFT, LEFT CHASSE, SWAY TWICE

SWAY I WICE		
1-2	Step right foot forward, pivot ½ turn left	

3&4 Step right forward, lock step left behind right, step right forward

5-6 Rock left forward, recover to the right

7&8 ½ turn left, step left to left side, close right beside left, step left to left side

9-10 Sway to the right, sway to the left

FULL TURN LEFT, WEAVE TO THE LEFT, ROCK RECOVER, BEHIND SIDE CROSS

1-2 Step right back ½ turn left, step left forward ½ turn left

3&4 Sweep right foot in front of left, step left small step to the left, cross right behind left

5-6 Rock to the left, recover to the right

7&8 Step left behind right, step right foot small step to the right, cross left in front of right

RIGHT DIAGONAL LUNGE, RECOVER, RIGHT SAILOR, LEFT DIAGONAL LUNGE, RECOVER, LEFT SAILOR, SWAY TWICE

1-2 Lunge right foot diagonally forward, recover to the left

3&4 Cross step right behind left, step left to side, step right to right side

5-6 Lunge left foot diagonally forward, recover to the right

7&8 Cross step left behind right, step right to side, step left to left side

9-10 Sway to the right, sway to the left

PART B1

SIDE TOGETHER, SIDE TOGETHER CROSS, SIDE TOGETHER, SIDE TOGETHER CROSS

1-2 Step right foot to the right, close left foot beside right

3&4 Step right foot to the right, close left foot beside right, cross right in front of left

5-6 Step left foot to the left, close right foot beside left

7&8 Step left foot to the left, close right foot beside left, cross left in front of right

ROCK RECOVER, ½ TURN RIGHT SHUFFLE, STEP PIVOT ½ TURN RIGHT, DIAGONAL LOCK STEP

1-2 Rock right forward, recover to the left

3&4 ½ turn right, shuffle forward right, left, right

5-6 Step left forward, pivot ½ turn right

7&8 Weight on right, facing left diagonal, step left forward, lock right behind left, step left forward

PART B2

SIDE TOGETHER, SIDE TOGETHER CROSS, SIDE TOGETHER, SIDE TOGETHER CROSS

1-2 Step right foot to the right, close left foot beside right

3&4 Step right foot to the right, close left foot beside right, cross right in front of left

5-6 Step left foot to the left, close right foot beside left

7&8 Step left foot to the left, close right foot beside left, cross left in front of right

ROCK RECOVER, $\frac{1}{2}$ TURN RIGHT SHUFFLE, STEP PIVOT $\frac{1}{2}$ TURN RIGHT, DIAGONAL LOCK STEP, SLIDE BACK X 4

1-2 Rock right forward, recover to the left 3&4 ½ turn right, shuffle forward right, left right

5-6 Step left forward, pivot ½ turn right

7&8 Weight on right, facing left diagonal, step left forward, lock right behind left, step left forward

9-10 Slide back right foot, slide back left foot 11-12 Slide back right foot, slide back left foot

PART C1

1-20 Rock body to the right and left for 20 counts

PART C2

1-4 Rock body to the right and left for 4 counts

ENDING

Just sway body to the right and left until music ends