A Dance For You (P)

級數: Partner

編舞者: Jack Parfitt (UK)

拍數: 40

音樂: Perfect World - Philip Claypool

Position: Right Side by Side (Sweetheart)

WALK LEFT, RIGHT, LEFT, TOUCH, COASTER, SHUFFLE

- 1-4 Walk forward left, right, left, touch right toe behind left
- 5&6 Step back right, step left beside right, step forward right (coaster step)
- 7&8 Shuffle forward left, right, left

CROSS, UNWIND, SHUFFLE, ROCK, ROCK, ½ PIVOT

- 1-2 Right cross over in front of left, unwind ½ turn to the left (drop right hand, raise left hand, man turns under raised arms with the arms finishing in front in a cross-arm position)
- 3&4 Shuffle back left, right, left
- 5-6 Rock back on right foot, rock forward on left foot
- 7-8 Step right forward, pivot ½ to the left

Keep hold of hands and man takes left, arm over lady's head to return to right, side by side position

WALK RIGHT LEFT SHUFFLE TURN, LEFT, CROSS, SHUFFLE TURN

- 1-2 Walk forward right, walk forward left
- 3&4 Right shuffle forward with ¼ turn to the right on count four to face OLOD
- 5-6 Step left to left LOD, cross right behind left
- 7&8 Left shuffle to LOD, turning ¼ turn to the left on count eight to face LOD

HEEL BALL CROSS, UNWIND, ROCK, COASTER, ½ PIVOT

- 1&2 Right heel-ball-cross
- 3-4 Still holding hands unwind ½ turn to the right, rock back on right
- 5&6 Step back left, step right beside left, step forward left (coaster step)
- 7-8 Step forward right, still holding hands, pivot ¹/₂ turn to the left to face LOD

SHUFFLE X 3, KICK BALL CHANGE

- 1&2 Shuffle forward right, left, right
- 3&4 Shuffle forward left, right, left, (man raises right hand, lady turns one full turn to the right over two shuffles)
- 5&6 Shuffle forward right, left, right
- 7&8 Left kick-ball-change

REPEAT





牆數:0