

Dancing Boots

拍數: 32 牆數: 2 級數: line/contra dance
編舞者: Nita Pearson (UK) & The Wild West American Dance Company
音樂: These Boots Are Ready To Dance - The Dean Brothers



HEEL STRUTS IN PLACE WITH HEEL TAPS

- 1-2 Left heel strut in place
- 3-4 Tap left heel in place twice
- 5-6 Right heel strut in place
- 7-8 Tap right heel in place twice

CROSS STEP, BACK STEP, COASTER STEP HITCH

- 9-10 Cross left foot over right and hold for one count
- 11-12 Step back on right foot and hold for one count
- 13-14 Step back on left, bring right to left
- 15-16 Step forward on left and hitch right knee

VINE WITH SLIDE, HEEL SWITCHES

- 17-18 Step right to right side, step left behind right
- 19-20 Step right to right side and slide left to it (weight stays on right)
- 21&22& Touch left heel forward, return to place, touch right heel forward and return to place
- 23-24 Touch left heel forward, hold and clap

LOCK STEPS WITH HITCH TURN

- 25-26 Step forward on left, lock right behind left
- 27-28 Step forward on left, hitch right
- 29-30 Step forward on right, lock left behind right
- 31-32 Step forward on right and pivot ½ turn right on ball of right foot and hitch left knee

REPEAT

This dance can also be danced in contra lines if you fancy the challenge! On the passing lock steps, slap hands with the person moving towards you to add to the fun.
