

Cows*** On My Boots

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Ulla Jespersen (DK)
音樂: Jeg er En Simpel Røgter - Totalpetroleum



Count 5-6-7-8 while they sing: "Jeeeeeeeeeeeej" and start dance on "er", as the music really starts
This dance is dedicated to Jørn Hansen, Kaktus-Klubben, as a tribute to his never-ending work in spreading the interest for good Country-music. (so-called "cows*** music" as the Danes say. J And one of Jørn's favorite expressions!)

FORWARD, HEEL, TOE, KICK BALL CHANGE TWICE

- 1-2 Forward right, left
- 3-4 Touch right heel forward, step right foot together
- 5-6 Touch left toe backwards, step left foot together
- 7&8 Kick right foot forward, step together, change weight to left foot
- 9-16 Repeat 1-8

POINT, STEP/POINT, STEP/HEEL, STEP/TOUCH BACK, SHUFFLE, ROCK STEP TWICE

- 1 Touch right foot to right side
- &2 Step right foot next to left foot and touch left foot to left side
- &3 Step left foot next to right foot and touch right heel forward
- &4 Step right foot next to left foot and touch left foot back
- 5&6 Shuffle back left, right, left
- 7-8 Step (rock) back on right, recover on left
- 9-12 Repeat 1-4
- 13&14 Shuffle forward left, right, left
- 15&16 Step (rock) forward on right, recover on left

SIDE ROCK, CROSS-SHUFFLE TWICE

- 1-2 Step right on right, recover on left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Step left on left, recover on right
- 7&8 Cross left over right, step right to right, cross left over right

STEP, PIVOT, SHUFFLE TWICE

- 1-2 Step forward on right, pivot left
- 3&4 Shuffle forward right, left, right
- 5-6 Step forward on left, pivot right
- 7&8 Shuffle forward left, right, left

HEEL-HOOK, HEEL-SWITCHES

- 1&2 Right heel forward, hook right leg across left leg, right heel forward
- & Step right foot next to left
- 3&4 Left heel forward, hook left leg across right leg, left heel forward
- & Step left foot next to right
- 5&6 Right heel forward, step next to left, left heel forward
- &7-8 Step left next to right and right heel forward, flick right foot up and out, snap fingers on boot

4 SHUFFLE'S MAKING A ¾ TURN

- 1&2 Shuffle right, left, right while making ¼ turn to the right
- 3&4 Shuffle left, right, left while making ¼ turn to the right
- 5&6 Shuffle right, left, right while turning slightly to the right

7&8 Shuffle left, right, left, ending the turn facing 9:00 wall

REPEAT

On 3, wall ignore the change in the music and carry on

TAG

On 4, wall skip counts 17-32 and go straight to

33 Side rock, cross-shuffles

And so on
