Cryin' Season

拍數: 32

級數: Intermediate

編舞者: Alan "Renegade" Livett (UK)

音樂: Cryin' Season - Andy West

SIDE SHUFFLE, KICK BALL CHANGE

- 1&2 Shuffle to right, side-together-side
- 3&4 Left kick ball change to left diagonal (kick forward to the left, step on to ball of left foot, step in place with right)

SIDE SHUFFLE, KICK BALL CHANGE

- 5&6 Shuffle to left, side-together-side
- 7&8 Right kick ball change to right diagonal (kick forward to the right, step onto ball of right foot, step in place with left)

MONTEREY TURN WITH A TOUCH

- 9 Point right toe to right side
- 10 Turn ½ turn to right transferring weight to right leg
- 11 Point left toe to left side
- 12 Touch left toe next to right

HEEL JACK ¼ TURNS

- &13 Step back on left presenting right heel forward
- &14 ¹/₄ turn left stepping in place on right, touch left next to right
- &15&16 Repeat for &15&16 but step left next to right instead of touch for count 16

FORWARD SHUFFLE, PIVOT HOOK

- 17&18 Shuffle forward right, left, right
- 19 Step forward on left transferring weight
- 20 Pivot ¹/₂ turn to right and hook right foot below left knee

FORWARD SHUFFLE, PIVOT HOOK

- 21&22 Shuffle forward right, left, right
- 23 Step forward on left transferring weight
- 24 Pivot ¹/₂ turn to right and hook right foot below left knee

FRONT CROSSING TRIPLES

- 25 Step right across and in front of left
- & Step left to left side with weight on ball of foot only
- 26 Step in place with right (slightly forward)
- 27&28 Repeat above starting left

LEFT VINE WITH ¾ REVERSE TURN

- 29 Step right in front of left
- 30 Step to the side with left
- 31 Tuck right behind left (keeping weight on left)
- 32 Turn ³/₄ turn over right shoulder hooking right foot below left knee

REPEAT

Intermediate





牆數:4