

Cowboy Cha Cha (Colorado) (P)

COPPER KNOB
STEPSHEETS

拍數: 28 牆數: 0 級數: Partner
編舞者: Manny Rodela & Alice Rodela
音樂: Unknown



Position: Horseshoe, Cape, or Lady's skaters position with lady on the man's right

1-2 Step forward rocking onto right foot, rock back onto left foot
3&4 Cha-cha or triple steps going backward (right, left, right)
5-6 Step back rocking onto left foot, rock forward onto right foot
7&8 Cha-cha or triple steps forward doing a half turn right (left, right, left)

Man shifts left arm behind the lady or in skater's position as they turn

9-10 Step back rocking onto right foot, rock forward onto left foot
11&12 Cha-cha or triple steps forward doing a half turn left (right, left, right)

Man shifts right arm behind the lady or skater's position as they turn

13-14 Step back rocking onto left foot, rock forward onto right foot
15&16 Cha-cha or triple steps forward doing a quarter turn right (left, right, left)

Lady stays in place as the man pivots the couple ¼ turn to the right around the lady

17 Step forward with right foot

Couple raises left arms and releases right hands as man pivots left under left arms

18 Half turn left on balls of feet shifting weight to left foot

Couple finishes the turn with weight on left foot and left arms down in front of lady

19&20 Cha-cha or triple steps forward (right, left, right)

Couple will have lady's right arm behind man in skater's position

21 Step forward with left foot

Couple raise left arm and release right hands as they pivot under left arms

22 Half turn right on balls of feet shifting weight to right foot

23-24 Step forward rocking onto left foot, rock back onto right foot

25-26 Rock forward onto left foot, rock back onto right foot

Couple should be man's belly to lady's back (sweetheart hug) so steps 23-26 are hip sways

27&28 Cha-cha or triple steps forward (left, right, left)

Finishes the dance at the new wall moving slightly forward

REPEAT