Coastin' Scotian

拍數: 32

級數: Improver

編舞者: John Bailey (CAN)

音樂: Paddy McCarthy - The Corrs

SYNCOPATED HOOK COMBINATIONS WITH ½ TURN & SHUFFLE

- 1&2 Touch right heel forward, hook right leg across left, touch right heel forward (optional styling: small bouncing motion on left leg while doing steps)
- & Bring right beside left (with weight)
- 3&4 Touch left heel forward, hook left leg across right, touch left heel forward (optional styling: small bouncing motion on right leg while doing steps)
- & Bring left beside right (with weight)
- 5-6 Step forward with right, pivot a ¹/₂ turn left on the balls of both feet
- 7&8 Shuffle forward right (right, left, right)

SHUFFLES, CLAPS & STOMPS TWICE

- 9&10 Shuffle forward left (left, right, left), clap on count 10
- 11&12 Stomp right forward, hitch right leg and clap twice (&12)
- 13&14 Shuffle forward right (right, left, right), clap on count 14
- 15&16 Stomp left forward, hitch left leg and clap twice (&16)

PARTIAL VINE WITH A ¼ TURN, A SHUFFLE & FUNKY HEELS

- 17-18 Step left with left, bring right behind
- & Pivot a ¼ turn left on the ball of right foot
- 19&20 Shuffle forward left
- 21&22 Stomp right forward, swivel heels out, swivel heels in (so toes point out away from body)
- 23&24 Stomp left forward, swivel heels out, swivel heel in shift weight to right leg

1/2 TURN RIGHT, THREE SHUFFLES

- 25-26 Step forward (or down on)left, pivot a ½ turn right (weight on right)
- 27&28 Shuffle forward left
- 29&30 Shuffle forward right
- 31&32 Shuffle forward left

REPEAT





牆數:4