Coconut Cream

拍數: 32



音樂: Coconut - Smile.Dk

HIP PUSHES, CROSS SHUFFLE TWICE

1-2-3&4 Step left to left, rock onto right, cross left in front of right and shuffle left-right-left to the right

5-6-7&8 Step right to right, rock onto left, cross right in front of left and shuffle right-left-right to the left

STOMP, HOLD, ¼ TURN RIGHT, HOLD, ¼ TURN LEFT, ¼ TURN LEFT, COASTER STEP

1-4 Stomp left to left, hold, (on balls of both feet) ¹/₄ turn right, hold

牆數:4

- 5-6 (on balls of both feet) 1/4 turn left, 1/4 turn left
- 7&8 Back left, together right, forward left

PIVOT ½ TURN, FORWARD, FULL TURN, FORWARD, CLOSE, KICKBALL CHANGE

- Touch right forward, ¹/₂ turn left, forward right, hook left while making a full turn left 1-4
- 5-6-7&8 Forward left, together right, kick forward left, step ball of left next to right, step right in place

CROSS UNWIND TWICE, SAILOR SHUFFLE TWICE

- 1-4 Cross left over right, unwind 1/2 turn right, cross right over left, unwind 1/2 turn left
- 5&6 Step left behind right, step right to side, step left in place
- 7&8 Step right behind left, step left to side, step right in place

REPEAT





