

Colours

拍數: 32 牆數: 2 級數: Improver
編舞者: Joy Alan (AUS)
音樂: Colors of the Wind - Vanessa Williams



STEP FORWARD, SAMBA, STEP BACK, SAILOR, SLIDE BACK, SLIDE BACK

1-2-3&4 Step forward on right, left samba, step back on right
5&6-7-8 Left sailor, slide back on right, slide back on left

STEP BACK, RECOVER, FULL TURN, PIVOT, AND BALL STEP, STEP

1-2-3-4 Step back on right, recover on left, full turn forward over left
5-6&7-8 Step on right, ½ turn pivot over left (weight on left), ball step (right-left), step forward on right

STEP, HOOK, BACK, HOOK, SHUFFLE FORWARD, STEP, HOOK, BACK, HOOK, SHUFFLE FORWARD

1&2&3&4 Step on left, hook right behind left, step back on right hook left in front of right, left shuffle forward (left-right-left)
5&6&7&8 Step on right, hook left behind right, step back on left, hook right in front of left, right shuffle forward (right-left-right)

FULL ROLL LEFT, SIDE SHUFFLE, FULL ROLL RIGHT, ROCK, RECOVER

1-2-3&4 Full turn to left (stepping left-right), side shuffle to left (left-right-left)
5-6-7-8 Full roll to right (stepping right-left), rock right to right, recover weight on left

Option to full roll to the left (left to left side, step right behind)

Option to full roll to the right (right to right side, step left behind)

REPEAT

RESTART

4th wall dance 12 beats (full turn forward) restart facing back wall

8th wall dance 28 beats (left side shuffle) restart facing back wall
