Come And Get It



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Mary Elson (CAN)

音樂: Who's Your Daddy? - Toby Keith



RIGHT ROCK RECOVER, RIGHT COASTER, LEFT ROCK RECOVER, LEFT SAILOR SHUFFLE

1-2 Right forward rock, recover on the left

3&4 Step back on the right foot, step together with the left, step right foot forward

5-6 Left rock side, recover on the right

7&8 Step left behind right, step right to right side, step left in place

STEP FORWARD RIGHT, TOGETHER WITH THE LEFT, 3 HEEL BOUNCES MAKING A 1/4 TURN LEFT

9-10 Step forward on the right, step together with the left

11&12 Raise both heels and bounce 3 times making a ¼ turn to the left (leave weight on right foot)

TWO RUNNING MAN STEPS, LEFT COASTER BACK

Step back with the left on angle, scoot drag the left foot back
Cross the right foot over the left, scoot drag the right foot back

15&16 Step back on the left foot, step together with the right, step left foot forward

1/2 MONTEREY TURN ENDING WITH A HITCH, CROSS UNWIND 1/2 RIGHT, RIGHT KICK BALL CHANGE

17-18 Touch right toe to the right side, spin on left foot ½ turn to the right stepping on the right foot

Touch left toe to left side, lift left knee, touch left toe to left side

Cross left over right and unwind ½ right (leave weight on left foot)

23&24 Kick right foot forward, step on the ball of the right foot, step on the left foot

SIDE ROCK CROSS, SIDE ROCK CROSS

25&26 Rock right to side, recover on the left, cross the right over the left 27&28 Rock left to side, recover on the right, cross the left over the right

KARATE KICK WITH ½ TURN LEFT, LEFT HEEL JACK

29-30 (With weight on left foot), kick right foot forward, make ½ turn left on ball of left foot and kick

right foot back

&31&32 Step back on right foot, place the left heel forward, step on the left foot and touch the right toe

beside the left

REPEAT